Individual Best Times (All Time)

Niamh McDonagh - (359750) - Rushmoor Royals SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:33.51	468		13/03/10	Hampshire County Champs	Southampton	Lboro Uni	2
5:38.09	449	H	19/12/09	Rushmoor Royals Club Chmp	Aldershot	Lboro Uni	4

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