

Individual Best Times (All Time)

Christopher Cook - (358482) - Ryedale SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:11.02	248	H	06/04/13	Kingston Upon Hull Easter A B Meet	Hull	Ryedale	3
3:16.33	229	H	22/04/12	Harrogate District Spa Town A B Grade Meet	Harrogate	Ryedale	3
3:17.53	225	H	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Ryedale	3
3:17.88	223	H	30/06/12	KUHSC End of Season Meet 2012	Hull	Ryedale	3
3:20.67	214	H	28/10/12	Harrogate Autumn Open Meet	Harrogate	Ryedale	3
3:28.88	190	H	02/07/11	Kingston upon Hull SC End of Season Meet	Hull	Ryedale	3
3:35.00	174	H	03/07/10	Kingston Upon Hull Open Meet	Hull	Ryedale	3
3:38.68	165	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Ryedale	2
3:40.22	162	H	08/05/10	Middlesbrough Open Meet	Middlesbrough	Ryedale	2

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