

# Individual Best Times (All Time)

Christopher Cook - (358482) - Ryedale SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.55	335	H	11/10/15	Yorkshire Winter Competition	Sheffield	Scarborough	2
1:22.43	301		30/11/13	Scarborough & District Distance Gala	Scarborough	Ryedale	3
1:22.61	299		22/06/14	Scarborough SC A & B Graded Meet	Scarborough	Scarborough	3
1:22.85	297		21/06/15	Scarborough Annual A & B Graded Meet 2015	Scarborough	Scarborough	3
1:27.46	252		16/06/13	Scarborough SC SSC A&B Meet 2013	Scarborough	Ryedale	3
1:28.11	246	H	06/04/13	Kingston Upon Hull Easter A B Meet	Hull	Ryedale	3
1:28.88	240	H	14/10/12	Yorkshire SA Winter Competition 2012	Sheffield	Ryedale	2
1:32.94	210	H	14/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Ryedale	3
1:33.37	207		17/06/12	Scarborough SC A&B Graded Gala	Scarborough	Ryedale	4
1:34.67	199	H	30/06/12	KUHSC End of Season Meet 2012	Hull	Ryedale	3
1:38.10	178		18/06/11	Scarborough 15th Annual A & B Graded Meet	Scarborough	Ryedale	4
1:44.48	148	H	09/05/10	Middlesbrough Open Meet	Middlesbrough	Ryedale	2

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1:44.48

148

H

09/05/10

Middlesbrough Open Meet

Middlesbrough

Ryedale

2