

Individual Best Times (All Time)

Christopher Cook - (358482) - Ryedale SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.30	359		18/06/17	Scarborough Annual A & B Graded Meet	Scarborough	Ryedale	3
1:09.51	356		19/06/16	Scarborough Annual A & B Graded Meet	Scarborough	Ryedale	3
1:09.93	349	H	17/06/18	Scarborough Annual A & B Graded Meet	Scarborough	Ryedale	3
1:10.45	342		21/06/15	Scarborough Annual A & B Graded Meet 2015	Scarborough	Scarborough	3
1:13.31	303		22/06/14	Scarborough SC A & B Graded Meet	Scarborough	Scarborough	3
1:15.25	280		09/11/13	Scarborough & District Swimming Champs	Beverley	Ryedale	3
1:17.75	254		16/06/13	Scarborough SC SSC A&B Meet 2013	Scarborough	Ryedale	3
1:19.95	234		10/11/12	Scarborough & District League Champs	Scarborough	Ryedale	3
1:21.09	224		17/06/12	Scarborough SC A&B Graded Gala	Scarborough	Ryedale	4
1:22.49	213		19/06/11	Scarborough 15th Annual A & B Graded Meet	Scarborough	Ryedale	4
1:23.77	203		12/11/11	Scarborough Ridings League Championships	Beverley	Ryedale	4
1:34.77	140	H	10/10/09	Yorkshire Winter Meet	Sheffield	Ryedale	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.93	349	H	17/06/18	Scarborough Annual A & B Graded Meet	Scarborough	Ryedale	3
1:09.30	359		18/06/17	Scarborough Annual A & B Graded Meet	Scarborough	Ryedale	3
1:09.51	356		19/06/16	Scarborough Annual A & B Graded Meet	Scarborough	Ryedale	3
1:10.45	342		21/06/15	Scarborough Annual A & B Graded Meet 2015	Scarborough	Scarborough	3
1:13.31	303		22/06/14	Scarborough SC A & B Graded Meet	Scarborough	Scarborough	3
1:15.25	280		09/11/13	Scarborough & District Swimming Champs	Beverley	Ryedale	3
1:17.75	254		16/06/13	Scarborough SC SSC A&B Meet 2013	Scarborough	Ryedale	3
1:19.95	234		10/11/12	Scarborough & District League Champs	Scarborough	Ryedale	3
1:21.09	224		17/06/12	Scarborough SC A&B Graded Gala	Scarborough	Ryedale	4
1:23.77	203		12/11/11	Scarborough Ridings League Championships	Beverley	Ryedale	4
1:22.49	213		19/06/11	Scarborough 15th Annual A & B Graded Meet	Scarborough	Ryedale	4

