

# Individual Best Times (All Time)

Christopher Cook - (358482) - Ryedale SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:07.68	178	H	09/05/10	Middlesbrough Open Meet	Middlesbrough	Ryedale	2
3:09.23	173	H	30/01/10	28th Harrogate Open Meet	Harrogate	Ryedale	2

## Swims in Date Order

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