

Individual Best Times (All Time)

Ashley Holness-Wright - (356424) - Watford SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.42	393	F	25/11/17	Watford November 2017 County Qualifier	Garston	Watford SC	3
1:15.88	386	F	17/01/15	Watford County Qualifier Open Meet	Watford	Watford SC	3
1:16.86	372	F	05/07/15	Watford Club Championships 2015	Watford	Watford SC	4
1:17.02	369	F	18/03/17	Watford Regional Qualifier	Watford	Watford SC	3
1:19.17	340	F	11/10/14	National Arena League London Premier	Harlow	Watford SC	2
1:19.37	337	H	21/07/18	Putteridge L2 Inaugural Alternative Nationals	Luton	Watford SC	2
1:21.55	311	F	04/11/11	Watford Club Championships	Watford	Watford SC	4
1:24.30	281	F	08/05/11	Stevenage SC May Open Meet	Stevenage	Watford SC	3
1:25.56	269		24/01/10	Maxwell January Meet	Aylesbury	Watford SC	2
1:25.61	269		16/01/10	Watford County Qualifier	Watford	Watford SC	3
1:25.95	266		21/10/09	Watford Club Champs	Watford	Watford SC	4
1:29.12	238		11/03/09	Hertfordshire Champs	Borehamwood	Watford SC	2
1:29.21	237		11/03/09	Hertfordshire Champs	Borehamwood	Watford SC	2
1:30.19	230	F	07/03/10	Hertfordshire County Meet	Borehamwood	Watford SC	2
1:31.46	220		01/11/08	Hemel Hempstead Birthday	Hemel Hempstead	Watford SC	4
1:31.77	218		25/01/09	Biggleswade Open Meet	Biggleswade	Watford SC	2
1:32.79	211		16/05/09	Hatfield UK Challenge 2009	Herts Sports Village	Watford SC	1
1:34.45	200		26/01/08	Biggleswade Open Meet	Biggleswade	Watford SC	2
1:37.05	184		03/11/07	Hemel Hempstead Open	Hemel Hempstead	Watford SC	3
1:38.76	175		29/09/07	Maxwell Autumn Meet	Aylesbury	Watford SC	3
1:45.92	142	H	21/01/07	Biggleswade 8th Open Meet	Biggleswade	Watford SC	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.37	337	H	21/07/18	Putteridge L2 Inaugural Alternative Nationals	Luton	Watford SC	2
1:15.42	393	F	25/11/17	Watford November 2017 County Qualifier	Garston	Watford SC	3

1:17.02	369	F	18/03/17	Watford Regional Qualifier	Watford	Watford SC	3
1:16.86	372	F	05/07/15	Watford Club Championships 2015	Watford	Watford SC	4
1:15.88	386	F	17/01/15	Watford County Qualifier Open Meet	Watford	Watford SC	3
1:19.17	340	F	11/10/14	National Arena League London Premier	Harlow	Watford SC	2
1:21.55	311	F	04/11/11	Watford Club Championships	Watford	Watford SC	4
1:24.30	281	F	08/05/11	Stevenage SC May Open Meet	Stevenage	Watford SC	3
1:30.19	230	F	07/03/10	Hertfordshire County Meet	Borehamwood	Watford SC	2
1:25.56	269		24/01/10	Maxwell January Meet	Aylesbury	Watford SC	2
1:25.61	269		16/01/10	Watford County Qualifier	Watford	Watford SC	3
1:25.95	266		21/10/09	Watford Club Champs	Watford	Watford SC	4
1:32.79	211		16/05/09	Hatfield UK Challenge 2009	Herts Sports Village	Watford SC	1
1:29.21	237		11/03/09	Hertfordshire Champs	Borehamwood	Watford SC	2
1:29.12	238		11/03/09	Hertfordshire Champs	Borehamwood	Watford SC	2
1:31.77	218		25/01/09	Biggleswade Open Meet	Biggleswade	Watford SC	2
1:31.46	220		01/11/08	Hemel Hempstead Birthday	Hemel Hempstead	Watford SC	4
1:34.45	200		26/01/08	Biggleswade Open Meet	Biggleswade	Watford SC	2
1:37.05	184		03/11/07	Hemel Hempstead Open	Hemel Hempstead	Watford SC	3
1:38.76	175		29/09/07	Maxwell Autumn Meet	Aylesbury	Watford SC	3
1:45.92	142	H	21/01/07	Biggleswade 8th Open Meet	Biggleswade	Watford SC	2