

Individual Best Times (All Time)

Jess Wilkie - (355795) - Great Britain Police - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:29.70	630		04/11/12	East District Age Group Championships	Bathgate	Heart Of Mid	1
4:30.46	625		06/11/11	SASA East District Age Groups November Leg	Glenrothes	Heart Of Mid	1
4:33.47	605	F	06/12/09	East District Age Group	Glenrothes	Heart Of Mid	1
4:36.39	586		08/11/09	Aberdeen Mitchell Trophy	Inverness	Heart Of Mid	2
4:38.00	575		16/01/10	Scottish National Champs	Glasgow	Heart Of Mid	1
4:39.31	567		19/06/10	Alloa Open Meet	Stirling	Heart Of Mid	2
4:39.44	567		21/06/09	Incas Distance Meet	Glenrothes	Heart Of Mid	2
4:40.03	563		17/01/09	Scottish Nationals SC	Tollcross	Heart Of Mid	1
4:43.72	541		16/01/10	Scottish National Champs	Glasgow	Heart Of Mid	1
4:48.51	515		06/03/11	East District Age Groups	Glenrothes	Heart Of Mid	1
4:49.00	512		09/12/08	SASA East District AG	Glenrothes	Heart Of Mid	1
5:10.71	412		01/12/07	SASA East District Champs	Glenrothes	Heart Of Mid	1

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01/12/07 SASA East District Champs

Glenrothes

Heart Of Mid

1