

Individual Best Times (All Time)

Sophy Croydon-Kempster - (349825) - Crawley SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|--------------|-----------------|-------|
| 34.23 | 569 | F | 25/11/18 | Atlantis Christmas Cracker 2018 | Horsham | Crawley | 3 |
| 34.92 | 536 | F | 21/10/18 | Sussex County ASA Winter SC Competition 2018 | Crawley | Crawley | 2 |
| 35.07 | 529 | F | 22/10/17 | Sussex County ASA Winter Short Competition | Crawley | Crawley | 2 |
| 35.19 | 523 | F | 30/11/13 | Atlantis Christmas Cracker Open Meet | Horsham | Crawley | 3 |
| 35.25 | 521 | H | 03/11/19 | Swim England South East Open Junior Championships | Portsmouth | Crawley | 2 |
| 35.58 | 506 | F | 01/03/14 | Sussex County Champs & Age Group Comp | Crawley | Crawley | 2 |
| 35.67 | 503 | | 08/12/13 | ASA South East Region Winter Championships | Portsmouth | Crawley | 2 |
| 36.01 | 488 | F | 02/02/14 | Atlantis Horsham 2014 Chaser Open Meet | Horsham | Crawley | 2 |
| 36.06 | 486 | F | 08/02/15 | Atlantis Horsham Regional National Chaser | Horsham | Crawley | 2 |
| 36.22 | 480 | F | 10/02/13 | Atlantis SC 2013 Regional National Chaser | Horsham | Crawley | 2 |
| 36.23 | 480 | F | 27/10/13 | Sussex Development Galas | Brighton | Crawley | 3 |
| 36.51 | 469 | F | 09/10/15 | Crawley Time Trials (closed) | Crawley | Crawley | 4 |
| 36.64 | 464 | H | 02/03/13 | Sussex County Championships | Crawley | Crawley | 2 |
| 36.75 | 460 | F | 24/11/12 | Atlantis Christmas Cracker Open Meet | Horsham | Crawley | 3 |
| 37.11 | 446 | F | 27/10/14 | Sussex County Winter Meet | Horsham | Crawley | 2 |
| 37.86 | 420 | F | 15/11/12 | Mid Sussex Marlins Squad Championships | Burgess Hill | Crawley | 4 |
| 38.54 | 398 | F | 15/02/13 | Crawley SC Time Trials | Crawley | Crawley | 4 |
| 38.55 | 398 | F | 20/09/13 | Crawley SC Time Trials 2013 | Crawley | Crawley | 4 |
| 40.28 | 349 | H | 25/02/12 | Sussex County Championships | Crawley | Crawley | 2 |
| 40.66 | 339 | F | 10/06/12 | Cranleigh Summer Open | Cranleigh | Crawley | 4 |
| 40.72 | 338 | F | 06/02/15 | Crawley Closed Club Time Trials | Crawley | Crawley | 4 |
| 41.38 | 322 | F | 19/09/14 | Crawley SC Club Championships & Time Trials | Crawley | Crawley | 4 |
| 41.46 | 320 | F | 26/11/11 | Atlantis Horsham Christmas Cracker Meet | Horsham | Crawley | 3 |
| 41.49 | 319 | F | 20/10/19 | Sussex County ASA Winter Short Course Competition | Crawley | Crawley | 2 |
| 44.32 | 262 | F | 08/05/11 | Atlantis Horsham Spring Open Meet | Horsham | Crawley | 3 |
| 45.65 | 240 | F | 05/12/10 | Atlantis Xmas Open Meet | Horsham | Crawley | 2 |
| 45.78 | 238 | H | 18/02/10 | Ken Dealey 50m Sprint Meet | Brighton | Crawley | 2 |

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|-------|-----|---|----------|----------------------------|--------------|---------|---|
| 45.72 | 200 | H | 10/09/10 | Ken Deeley 50m Sprint Meet | Brighton | Crawley | 3 |
| 47.00 | 219 | F | 02/05/10 | Atlantis Spring Open Meet | Horsham | Crawley | 3 |
| 49.98 | 182 | H | 15/11/09 | Sussex Development Meet | Brighton | Crawley | 3 |
| 53.23 | 151 | H | 20/09/08 | Brighton Ken Deeley Meet | Brighton | Crawley | 3 |
| 54.33 | 142 | | 03/05/09 | Atlantis Spring Open Meet | Horsham | Crawley | 3 |
| 55.91 | 130 | | 07/12/08 | Littlehampton Advent Meet | Bognor Regis | Crawley | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|--------------|-----------------|-------|
| 35.25 | 521 | H | 03/11/19 | Swim England South East Open Junior Championships | Portsmouth | Crawley | 2 |
| 41.49 | 319 | F | 20/10/19 | Sussex County ASA Winter Short Course Competition | Crawley | Crawley | 2 |
| 34.23 | 569 | F | 25/11/18 | Atlantis Christmas Cracker 2018 | Horsham | Crawley | 3 |
| 34.92 | 536 | F | 21/10/18 | Sussex County ASA Winter SC Competition 2018 | Crawley | Crawley | 2 |
| 35.07 | 529 | F | 22/10/17 | Sussex County ASA Winter Short Competition | Crawley | Crawley | 2 |
| 36.51 | 469 | F | 09/10/15 | Crawley Time Trials (closed) | Crawley | Crawley | 4 |
| 36.06 | 486 | F | 08/02/15 | Atlantis Horsham Regional National Chaser | Horsham | Crawley | 2 |
| 40.72 | 338 | F | 06/02/15 | Crawley Closed Club Time Trials | Crawley | Crawley | 4 |
| 37.11 | 446 | F | 27/10/14 | Sussex County Winter Meet | Horsham | Crawley | 2 |
| 41.38 | 322 | F | 19/09/14 | Crawley SC Club Championships & Time Trials | Crawley | Crawley | 4 |
| 35.58 | 506 | F | 01/03/14 | Sussex County Champs & Age Group Comp | Crawley | Crawley | 2 |
| 36.01 | 488 | F | 02/02/14 | Atlantis Horsham 2014 Chaser Open Meet | Horsham | Crawley | 2 |
| 35.67 | 503 | | 08/12/13 | ASA South East Region Winter Championships | Portsmouth | Crawley | 2 |
| 35.19 | 523 | F | 30/11/13 | Atlantis Christmas Cracker Open Meet | Horsham | Crawley | 3 |
| 36.23 | 480 | F | 27/10/13 | Sussex Development Galas | Brighton | Crawley | 3 |
| 38.55 | 398 | F | 20/09/13 | Crawley SC Time Trials 2013 | Crawley | Crawley | 4 |
| 36.64 | 464 | H | 02/03/13 | Sussex County Championships | Crawley | Crawley | 2 |
| 38.54 | 398 | F | 15/02/13 | Crawley SC Time Trials | Crawley | Crawley | 4 |
| 36.22 | 480 | F | 10/02/13 | Atlantis SC 2013 Regional National Chaser | Horsham | Crawley | 2 |
| 36.75 | 460 | F | 24/11/12 | Atlantis Christmas Cracker Open Meet | Horsham | Crawley | 3 |
| 37.86 | 420 | F | 15/11/12 | Mid Sussex Marlins Squad Championships | Burgess Hill | Crawley | 4 |
| 40.66 | 339 | F | 10/06/12 | Cranleigh Summer Open | Cranleigh | Crawley | 4 |
| 40.28 | 349 | H | 25/02/12 | Sussex County Championships | Crawley | Crawley | 2 |
| 41.46 | 320 | F | 26/11/11 | Atlantis Horsham Christmas Cracker Meet | Horsham | Crawley | 3 |
| 44.32 | 262 | F | 08/05/11 | Atlantis Horsham Spring Open Meet | Horsham | Crawley | 3 |
| 45.65 | 240 | F | 05/12/10 | Atlantis Xmas Open Meet | Horsham | Crawley | 2 |
| 45.72 | 238 | H | 18/09/10 | Ken Deeley 50m Sprint Meet | Brighton | Crawley | 3 |
| 47.00 | 219 | F | 02/05/10 | Atlantis Spring Open Meet | Horsham | Crawley | 3 |
| 49.98 | 182 | H | 15/11/09 | Sussex Development Meet | Brighton | Crawley | 3 |
| 54.33 | 142 | | 03/05/09 | Atlantis Spring Open Meet | Horsham | Crawley | 3 |
| 55.91 | 130 | | 07/12/08 | Littlehampton Advent Meet | Bognor Regis | Crawley | 3 |
| 53.23 | 151 | H | 20/09/08 | Brighton Ken Deeley Meet | Brighton | Crawley | 3 |