

Individual Best Times (All Time)

Rebecca Smith - (348771) - Livingston & District Dolphins - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:21.04	599	C	17/12/11	Scottish Gas National Short Course Open	Inverness	Warrender Ba	1
2:21.42	594	F	02/02/13	Aberdeen Mitchell Trophy 2013	Inverness	Warrender Ba	2
2:21.54	593		03/12/13	SASA East District Age Groups Round 2	Glenrothes	Warrender Ba	1
2:22.23	584	H	17/12/11	Scottish Gas National Short Course Open	Inverness	Warrender Ba	1
2:22.72	578		03/12/13	SASA East District Age Groups Round 2	Glenrothes	Warrender Ba	1
2:23.29	571	F	06/03/11	North District Age Group Meet	Inverness	Warrender Ba	1
2:24.55	557		12/11/11	Aberdeen Mitchell Trophy 2011	Inverness	Warrender Ba	2
2:25.14	550	H	04/06/11	SASA North District Open Championships	Westhill	Warrender Ba	1
2:25.30	548		06/02/11	North District Age Group Meet	Inverness	Warrender Ba	1
2:26.03	540	F	15/01/11	SAS Junior Meet	Westhill	Warrender Ba	2
2:26.79	531	F	08/05/11	Westhill EnQuest Invitational Meet	Westhill	Warrender Ba	2
2:27.60	523		06/11/10	Aberdeen Mitchell Trophy	Inverness	Warrender Ba	2
2:28.07	518	H	08/01/11	British Gas Scottish National SC Open	Glasgow	Warrender Ba	1
2:29.16	507	F	12/09/10	Garioch Open 200 Meet	Inverurie	Warrender Ba	2
2:31.21	486	H	05/06/10	North District Open Champs	Westhill	Warrender Ba	1
2:31.77	481		07/03/10	SASA North District Age	Inverness	Warrender Ba	1
2:32.03	478		06/12/09	North District Age Groups	Inverness	Warrender Ba	1
2:32.24	476		09/05/10	Westhill Invitational	Westhill	Warrender Ba	2
2:33.57	464		16/01/10	Scottish National Champs	Glasgow	Warrender Ba	1
2:34.29	458		07/11/09	Aberdeen Mitchell Trophy	Inverness	Warrender Ba	2
2:34.49	456	F	21/09/14	Warrender 200's Championships	Edinburgh	Warrender Ba	2
2:34.54	455		21/11/09	Upper Deeside Challenge	Aboyne	Warrender Ba	2
2:36.99	434		13/09/09	Garioch 200 Open Mt 2009	Inverurie	Warrender Ba	2
2:38.83	419		30/05/09	North District Open 2009	Inverness	Warrender Ba	1
2:42.28	393		09/05/09	Westhill 15th Invitational	Westhill	Warrender Ba	2
2:42.86	389		13/12/08	SASA North District AG	Inverness	Warrender Ba	1
2:43.28	385		07/02/09	SASA North District Champs	Inverness	Warrender Ba	1

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2:42.86	389		13/12/08	SASA North District AG	Inverness	Warrender Ba	1