Individual Best Times (All Time)

Adam Gibson - (348636) - Staines Swimming Club - 200 Individual Medley - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|----------------------------|-----------|-----------------|-------|
| 3:19.09 | 166 | F | 24/09/13 | Staines Club Championships | Elmbridge | Staines | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level | |
|---------|--------|-------|----------|----------------------------|-----------|-----------------|-------|--|
| 3:19.09 | 166 | F | 24/09/13 | Staines Club Championships | Elmbridge | Staines | 4 | |