

Individual Best Times (All Time)

Ryan Crouch - (320086) - Team Ipswich Swimming - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
57.66	470	F	22/11/15	Teamipswich November Open 2015	Ipswich	teamipswich	3
57.68	469	H	22/11/14	BG Para-Swimming Championships	Manchester		2
58.15	458	H	26/11/11	National Disability 25m Championships 2011	Sheffield	teamipswich	2
58.22	456	H	24/03/12	National Disability Youth Championships	Sheffield	teamipswich	2
58.25	456	H	11/10/15	London Swimming Para Swimming Championships	London		3
58.37	453	H	03/12/11	BG East Region Winter Championships	Norwich	teamipswich	2
58.42	452	F	14/02/16	Suffolk County Championships 2016	Ipswich	teamipswich	2
58.47	451	F	20/03/16	Teamipswich March Open 2016	Ipswich	teamipswich	3
58.47	451	F	03/06/17	The Len Badcock Memorial Para Swimming Meet	Enfield	teamipswich	3
58.52	449	H	26/02/11	National Disability Youth Championships	Sheffield	teamipswich	2
58.70	445	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
58.74	444	H	17/07/10	Swim Wales Disability	Llandudno	teamipswich	2
58.79	443	H	15/07/12	City of Cambridge Summer Open	Cambridge	teamipswich	3
58.83	442	F	22/09/18	Teamipswich Club Championships 2018	Ipswich	teamipswich	4
58.86	442	F	19/06/16	Suffolk County ASA County Development Championship	Newmarket	teamipswich	3
58.89	441	H	20/11/10	DSE National Short Course	Sheffield	teamipswich	2
58.93	440	H	14/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
58.96	439		05/07/09	Swim Wales Disability SC	Newport	teamipswich	1
59.09	436	H	10/07/11	teamipswich Summer Sprints	Ipswich	teamipswich	3
59.20	434	H	19/03/17	ASA East Region Para Swimming Meet 2017	Nemarket	teamipswich	3
59.24	433	H	05/10/14	London Region Disability Swimming Champs	London		3
59.26	433	H	23/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
59.38	430	H	21/11/09	DSE Open SC 2009	Sheffield	teamipswich	2
59.40	430	F	02/11/14	Teamipswich Open Meet	Ipswich	teamipswich	3
59.53	427	F	17/06/17	Suffolk County Development Meet	Ipswich	teamipswich	3
59.54	427	H	23/11/13	DSE National Short Course Meet	Sheffield	teamipswich	2
59.57	426	F	09/02/14	Suffolk County ASA County Championships	Ipswich	teamipswich	3

59.57	420	F	09/03/14	Suffolk County ASA County Championships	Ipswich	teamipswich	
59.67	424	F	17/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
59.70	423	H	09/01/11	teamipswich 12th Licensed Open Meet	Ipswich	teamipswich	3
59.78	422	H	06/12/09	East Region Disability	Thetford	teamipswich	3
59.82	421	H	06/03/10	DSE National Jun Champs	Sheffield	teamipswich	2
1:00.01	417	F	28/09/14	Teamipswich SC Early Season Open Meet	Ipswich	teamipswich	3
1:00.03	416	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
1:00.19	413	F	10/06/21	Teamipswich	Ipswich		0
1:00.45	408	H	07/03/09	DSE National Jun SC Champ	Sheffield	teamipswich	1
1:00.45	408	F	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	teamipswich	3
1:00.50	407	H	01/11/09	teamipswich Junior Open	Ipswich	teamipswich	2
1:00.57	405	H	26/10/08	teamipswich 23rd Junior Mt	Ipswich	teamipswich	2
1:00.58	405	H	07/02/09	East Region Disability	Braintree	teamipswich	3
1:00.64	404	F	13/10/13	East Region ASA Disability Meet	Newmarket	teamipswich	3
1:00.73	402	H	24/01/10	teamipswich 11th Open Meet	Ipswich	teamipswich	2
1:00.85	400	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	teamipswich	3
1:00.96	397	H	25/03/18	ASA East Region Para Swimming Meet 2018	Newmarket	teamipswich	3
1:00.99	397	H	01/11/08	DSE National Short Course Mt	Sheffield	teamipswich	2
1:01.02	396	H	29/01/22	Swim England Suffolk County Championships 2022	Ipswich	teamipswich	2
1:01.38	389	F	10/09/17	Felixstowe Waves September Season Opener 2017	Felixstowe		3
1:01.95	379	H	18/01/09	teamipswich 10th Open	Ipswich	teamipswich	2
1:02.08	376	H	01/03/08	DSE National Junior Champs	Sheffield	teamipswich	2
1:03.34	354	H	03/11/07	DSE Open Short Course 2007	Sheffield	teamipswich	2
1:03.86	346	H	20/01/08	Team Ipswich Open Meet	Ipswich	teamipswich	2
1:05.03	327	F	14/03/20	Teamipswich March Open Meet 2020	Ipswich	teamipswich	3
1:06.02	313	H	03/03/07	DSE National Junior Champ	Sheffield	teamipswich	1
1:06.36	308	F	21/09/19	Teamipswich Club Championships 2019	Ipswich	teamipswich	4
1:06.81	302	H	11/03/07	Suffolk County Champs	Ipswich	teamipswich	2
1:07.18	297	H	20/01/07	teamipswich 8th Open Meet	Ipswich	teamipswich	2
1:09.49	268	H	04/11/06	DSE National SC Champs	Sheffield	teamipswich	1

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