

Individual Best Times (All Time)

Laker Wong - (319539) - Kingsbridge Kingfishers SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:16.15	522	H	07/12/13	ASA SWR Short Course Championships	Millfield	Mt Kelly	2
2:16.26	520	F	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	Mt Kelly	2
2:18.99	490	H	16/02/14	Devon County ASA 2014 Age Group Champs	Plymouth	Mt Kelly	2
2:22.38	456	F	16/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Mt Kelly	3
2:23.00	450	H	16/07/11	Plymouth Leander Non National Qualifiers O	Plymouth	Mt Kelly	3
2:23.09	449	H	17/02/13	Devon County Championships	Plymouth	Mt Kelly	2
2:23.99	441	F	17/02/13	Devon County Championships	Plymouth	Mt Kelly	2
2:24.07	440	H	23/03/12	Devon County Championships	Exeter	Mt Kelly	2
2:25.79	425	F	24/07/10	Plymouth Leander Open	Plymouth	Mt Kelly	3
2:25.88	424	H	24/07/10	Plymouth Leander Open	Plymouth	Mt Kelly	3
2:26.75	416	F	19/03/11	Devon County Championships	Tiverton	Mt Kelly	2
2:27.02	414	H	06/11/10	South West Region Champs	Millfield	Mt Kelly	2
2:27.80	408	H	19/03/11	Devon County Championships	Tiverton	Mt Kelly	2
2:33.38	365	H	06/03/10	Devon County Champs	Tiverton	Mt Kelly	2
2:34.59	356	F	06/03/10	Devon County Champs	Tiverton	Mt Kelly	2
2:38.23	332		18/07/09	Plymouth Leander SC Meet	Plymouth	Mt Kelly	3
2:40.16	320		18/07/09	Plymouth Leander SC Meet	Plymouth	Mt Kelly	3
2:47.04	282		10/05/09	Exeter City May Meet	Exeter	Mt Kelly	2
2:47.77	279		07/03/09	Devon County Champs	Tiverton	Mt Kelly	2
2:47.91	278		07/03/09	Devon County Champs	Tiverton	Mt Kelly	2
2:59.70	227		03/02/08	Devon County Champs	Tiverton	Mt Kelly	2
3:01.02	222		03/02/08	Devon County Champs	Tiverton	Mt Kelly	2
3:07.52	199		21/07/07	Plymouth Leander Open	Plymouth	Mt Kelly	3
3:08.89	195		03/02/07	Devon County Champs	Tiverton	Mt Kelly	2
3:09.50	193		03/02/07	Devon County Champs	Tiverton	Mt Kelly	2
3:11.05	188		21/07/07	Plymouth Leander Open	Plymouth	Mt Kelly	3
3:00.00	180		07/10/06	City of Plymouth Meet	Plymouth	Mt Kelly	4

3:20.02	102	07/10/06	City of Plymouth Meet	Plymouth	Mt Kelly	
3:25.43	151	22/07/06	Plymouth Leander End Mt	Plymouth	Mt Kelly	3
3:26.53	149	22/07/06	Plymouth Leander End Mt	Plymouth	Mt Kelly	3

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