

Individual Best Times (All Time)

Charlie Pond Thompson - (316830) - City of Southend on Sea SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:24.50	516	H	06/03/10	Essex County Champs	Braintree	Hatfield	2
4:27.48	499	H	07/03/09	Essex County Champs	Braintree	Hatfield	2
4:29.86	486	H	06/12/08	Thanet Winter Open Meet	Canterbury	Hatfield	2

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