

# Individual Best Times (All Time)

Alex Mason - (312695) - Stevenage SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:43.54	567	H	12/11/16	BUCS Short Course Swimming Championships	Sheffield		2
4:45.88	554	H	06/11/16	East Swimming 2016 SC Championships	Luton	Team Luton	2
4:49.39	534	H	24/10/15	Team Luton Autumn Short Course Meet	Luton		3
4:51.24	524	H	02/03/13	Bedfordshire County Championships	Luton	Team Luton	2
4:53.01	514	H	08/03/14	Bedfordshire Age Group & County Champs	Luton	Team Luton	2
4:53.23	513	H	10/06/17	Team Luton Club Championships 2016 17	Luton	Team Luton	4
4:59.89	480	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Team Luton	3
5:01.50	472	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Team Luton	3
5:02.78	466	H	10/03/12	Bedfordshire County Championships	Biggleswade	Team Luton	2
5:09.27	437	F	21/01/12	Biggleswade Open Meet	Biggleswade	Team Luton	3
5:09.48	436	H	27/10/12	Team Luton Club Championships	Luton	Team Luton	4
5:16.53	408	H	19/10/13	Team Luton Club Championships	Luton	Team Luton	4
5:23.35	382	H	14/01/12	Team Luton 200 & 400 Development Meet	Luton	Team Luton	4
5:29.87	360	H	19/03/11	Bedfordshire County Championships	Biggleswade	Team Luton	2
5:34.96	344	F	22/01/11	Maxwell January Meet	Aylesbury	Team Luton	2
5:38.40	334	H	17/04/11	Team Luton Open Meet	London	Team Luton	2
5:48.26	306		21/11/09	Milton Keynes 502400 Open	Milton Keynes	Team Luton	2
5:50.69	300		23/01/10	Biggleswade 11th Open	Biggleswade	Team Luton	3
5:57.95	282	H	20/03/10	Bedfordshire Champs	Biggleswade	Team Luton	2
6:00.07	277	H	11/04/10	Luton Short Course Meet	Barnet	Team Luton	2
6:08.52	258	H	28/03/09	Bedfordshire Champs	Biggleswade	Team Luton	2
6:14.24	247	H	19/04/09	Luton Short Course Open	Barnet	Team Luton	2
6:40.83	201	H	15/03/08	Beds County Championships	Biggleswade	Team Luton	2
6:50.88	186		26/01/08	Biggleswade Open Meet	Biggleswade	Team Luton	2
7:19.21	152		17/11/07	Milton Keynes November	Milton Keynes	Team Luton	2

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