

Individual Best Times (All Time)

Arron Esson - (306223) - Aberdeen ASC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:50.17	301	F	16/06/12	East Lothian Distance Meet	Prestonpans	Aberdeen Dol	2
5:50.87	299	F	04/03/12	North District Age Group Championships	Peterhead	Aberdeen Dol	2
5:56.02	286	F	03/12/11	SASA North District Age Group Championship	Inverness	Aberdeen Dol	1
5:56.07	286		18/02/12	Elgin Spring Meet	Buckie	Aberdeen Dol	2
6:34.62	210	F	15/05/11	Coast Development Meet Round 3	Aberdeen	Aberdeen Dol	2

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