

Individual Best Times (All Time)

Shannon Evans - (301362) - Diss Otters SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.65	316	F	18/06/17	Suffolk County Development Meet	Ipswich	Stowmarket	3
42.27	302	H	24/02/18	Warwick Thompson Memorial Gala 2018	Thetford	Diss Otters	3
42.44	298	F	18/11/18	Stowmarket Club Championships 2018	Stowmarket	Stowmarket	4
42.66	294	F	18/03/18	Team Ipswich March Open 2018	Ipswich		3
42.68	293	H	02/12/17	GYSC Winter Wipeout 2017	UEA	Diss Otters	3
42.92	288	F	09/07/17	TeamipswichJuly Surprize Meet 2017	Ipswich		3
42.97	287	H	14/10/18	21st Diss Otters Open Sprint Meet	UEA Sportspark	Diss Otters	3
43.20	283	H	24/06/17	Warwick Thompson Memorial Gala 2017	Thetford	Diss Otters	3
43.29	281	F	18/12/16	Stowmarket No Frills Open Meet	Stowmarket	Stowmarket	3
43.45	278	H	03/12/16	Great Yarmouth Winter Wipeout 2016	Norwich	Diss Otters	3
43.79	271	F	01/10/17	West Suffolk Neate Meet	Bury St Edmunds		3
43.97	268	F	15/10/16	Deben Open Meet 2016	Deben	Stowmarket	3
44.02	267	F	19/03/17	Teamipswich March Open 2017	Ipswich	Stowmarket	3
44.26	263	H	15/10/17	20th Diss Otters Open Sprint Meet	UEA Sportspark	Diss Otters	3
44.89	252	F	18/06/16	Suffolk County ASA County Development Championship	Newmarket	Stowmarket	3
44.97	251	F	17/07/16	Teamipswich July Surprize Meet 2016	Ipswich	Stowmarket	3
45.19	247	F	27/11/16	Stowmarket SC Club Championships 2016	Stowmarket	Stowmarket	4
45.26	246	H	16/10/16	19th Diss Otters Open Sprint Meet	Norwich	Diss Otters	3
45.84	237	F	02/10/16	West Suffolk The Neate Meet	Bury St Edmunds	Stowmarket	3
46.51	226		29/11/15	Stowmarket SC Club Championships 2015	Stowmarket	Stowmarket	4
48.83	196	F	12/10/14	West Suffolk SC Novice Gala	Bury St Edmunds	Stowmarket	3
48.93	194	F	04/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	Stowmarket	3
49.53	187	F	12/07/15	Teamipswich July Surprize Open 2015	Ipswich	Stowmarket	3
50.11	181	F	10/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	Stowmarket	3
50.88	173		23/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
51.37	168		10/11/12	Stowmarket Swimming Club Championships	Stowmarket	Stowmarket	4
53.01	152		24/11/12	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4

55.01	153	24/11/13	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4
1:00.01	105	15/10/11	Deben SC Open Meet	Woodbridge	Stowmarket	3
1:01.95	96	12/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4
1:15.65	52	17/12/11	Stowmarket No Frills Open Meet	Stowmarket	Stowmarket	4

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