

Individual Best Times (All Time)

Shannon Evans - (301362) - Diss Otters SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.66	384	H	25/02/18	Warwick Thompson Memorial Gala 2018	Thetford	Diss Otters	3
2:32.62	377	F	18/11/17	Stowmarket Club Championships 2017	Stowmarket	Stowmarket	4
2:33.12	373	H	02/12/17	GYSC Winter Wipeout 2017	UEA	Diss Otters	3
2:33.85	368	F	06/05/17	The A'MAY'zing Spring Development Meet	Bury St Edmunds	Stowmarket	3
2:34.42	364	F	18/03/18	Team Ipswich March Open 2018	Ipswich		3
2:35.36	357	H	25/06/17	Warwick Thompson Memorial Gala 2017	Thetford	Diss Otters	3
2:37.58	343	F	19/11/16	Stowmarket Club Championships 2016	Stowmarket	Stowmarket	4
2:37.86	341	F	30/09/17	West Suffolk Neate Meet	Bury St Edmunds		3
2:38.19	339	F	19/03/17	Teamipswich March Open 2017	Ipswich	Stowmarket	3
2:38.96	334	F	10/11/18	Stowmarket Club Championships 2018	Stowmarket	Stowmarket	4
2:39.82	328	F	25/03/17	Stowmarket In House Gala March 2017	Stowmarket	Stowmarket	4
2:39.85	328	H	16/10/16	19th Diss Otters Open Sprint Meet	Norwich	Diss Otters	3
2:40.71	323	F	23/04/17	Deben St George's Meet	Woodbridge	Stowmarket	3
2:40.90	322	F	15/10/16	Deben Open Meet 2016	Deben	Stowmarket	3
2:41.45	318	F	09/04/17	Newmarket & District 9th April Open Meet	Newmarket		3
2:41.72	317	F	02/12/18	Newmarket & District December Open Meet	Newmarket		3
2:41.97	315	F	01/10/16	West Suffolk The Neate Meet	Bury St Edmunds	Stowmarket	3
2:42.98	310	H	03/12/16	Great Yarmouth Winter Wipeout 2016	Norwich	Diss Otters	3
2:44.18	303	H	10/07/16	City of Cambridge Jeanne Barker July Open	Cambridge	Diss Otters	3
2:44.26	302	H	26/06/16	Norfolk County Challenge	Dereham	Diss Otters	3
2:44.93	299	F	17/12/16	Stowmarket No Frills Open Meet	Stowmarket	Stowmarket	3
2:56.50	244		14/11/15	Stowmarket SC Club Championships 2015	Stowmarket	Stowmarket	4
2:57.46	240	F	09/05/15	West Suffolk Spring Development Meet	Bury St Edmunds	Stowmarket	3
3:03.60	216	F	03/10/15	West Suffolk SC The Neate Meet	Bury St Edmunds	Stowmarket	3
3:07.03	205		14/11/14	Stowmarket Club Champs	Stowmarket	Stowmarket	4
3:25.77	154		15/11/13	Stowmarket SC Club Championships	Stowmarket	Stowmarket	4
4:03.57	88		12/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	4

4:03.57	92	13/11/11	Stowmarket Club Championships	Stowmarket	Stowmarket	
4:08.28	87	17/12/11	Stowmarket No Frills Open Meet	Stowmarket	Stowmarket	4

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