

Individual Best Times (All Time)

Matthew Aldous-Horne - (269404) - Bishops Stortford SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:34.72	468	F	02/03/15	Cornwall County Championships	Penzance	Truro City	2
2:35.50	461	F	02/03/15	Cornwall County Championships	Penzance	Truro City	2
2:35.53	461	F	15/03/14	Hertfordshire County Championships	Borehamwood	Bishop Stort	2
2:36.60	451	H	18/06/17	Bishops Stortford Club Championships 2017	Bishop's Stortford	Bishop Stort	4
2:39.00	431	F	19/10/13	Hemel Hempstead 100th Birthday Open Meet	Hemel Hempstead	Bishop Stort	3
2:39.97	423	F	30/09/15	Truro City Club Distance Championships	Truro	Truro City	4
2:40.57	419	H	05/10/13	Bishop Stortford 5th Autumn Open Meet	Braintree	Bishop Stort	3
2:41.00	415	H	13/11/12	Bishops Stortford SC Club Championships	Bishop's Stortford	Bishop Stort	4
2:41.64	410	H	02/12/12	Thurrock SC County Qualifier	Thurrock	Bishop Stort	3
2:43.05	400	H	09/07/13	Bishops Stortford 2013 Club Championships	Bishop's Stortford	Bishop Stort	4
2:44.43	390	H	22/01/12	Bishop Stortford 200m Open Meet	Braintree	Bishop Stort	3
2:46.24	377	F	19/03/11	Hertfordshire County Championships	Borehamwood	Bishop Stort	2
2:46.35	376		20/01/12	Sudbury & District Last Chance Open Meet	Sudbury	Bishop Stort	4
2:47.92	366		08/05/11	London Borough of Enfield Open Meet	Enfield	Bishop Stort	3
2:48.45	362	F	23/04/11	Borough of Redbridge Regional Sprint Meet	Ilford	Bishop Stort	3
2:48.97	359	F	26/11/11	Hatfield UKC Winter Wonderland Meet 2011	Hatfield	Bishop Stort	3
2:51.95	341		24/10/10	Sudbury Green Shoots Open	Sudbury	Bishop Stort	4
2:52.27	339	H	22/01/11	Bishop's Stortford 3rd 200 Open Meet	Braintree	Bishop Stort	3
2:52.64	337	H	30/09/11	Bishop's Stortford Club Championships	Bishop's Stortford	Bishop Stort	4
2:56.78	314	F	13/03/10	Hertfordshire Champs	Borehamwood	Bishop Stort	2
2:59.83	298	H	10/02/13	Bishop's Stortford SC Time Trials	Bishop's Stortford	Bishop Stort	4
3:03.26	281	H	18/07/10	Bishops Stortford Club Champs	Bishop's Stortford	Bishop Stort	4
3:06.54	267		17/10/09	Waltham Forest Autumn Qual	Waltham Forest	Bishop Stort	3
3:12.91	241		28/06/09	Sudbury Mid Summer Meet	Sudbury	Bishop Stort	4
3:13.03	241	H	12/07/09	Bishop Stortford Champs	Bishop's Stortford	Bishop Stort	4
3:17.66	224		07/03/09	Hertfordshire Champs	Borehamwood	Bishop Stort	2
3:26.51	188		22/11/09	Redbridge County Qualifier	Ilford	Bishop Stort	4

3:20.34	190		22/11/06	Redbridge County Qualifier	Ilford	Bishop Stort	
3:33.20	179		26/04/08	London Borough Redbridge	Fulwell Cross	Bishop Stort	3
3:37.14	169		01/03/08	Hertfordshire Champs	Borehamwood	Bishop Stort	2
4:16.71	102	H	04/03/06	Hertfordshire County Champ	Borehamwood	Bishop Stort	2

Swims in Date Order

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