

Individual Best Times (All Time)

Joshua Rank - (264773) - Windsor SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:26.00	508	H	23/03/13	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
4:26.86	503	F	14/07/12	Hillingdon SC Summer Meet	Hayes	Windsor	3
4:30.20	484	H	19/01/13	Windsor Level 2 Licensed Meet	Maidenhead	Windsor	2
4:31.25	479	H	17/03/12	Berkshire & Sth Bucks County Championships	Maidenhead	Windsor	2
4:33.35	468	H	15/04/12	Tigersharks Spring Meet	Swindon	Windsor	2
4:37.01	449	H	15/12/12	Windsor Club Championships	Ascot	Windsor	4
4:38.81	441	F	23/04/11	Reading Easter Open Swim Meet 2011	Reading	Windsor	2
4:40.45	433	H	21/01/12	Windsor Level 2 Open Meet	Maidenhead	Windsor	2
4:41.04	430	H	26/03/11	Berkshire & South Bucks County Championshi	Maidenhead	Windsor	2
4:41.26	429	H	22/01/11	Windsor Level 2 Open Meet	Maidenhead	Windsor	2
4:42.97	422	H	10/04/10	Luton Short Course Meet	Barnet	Windsor	2
4:45.10	412	H	13/03/10	Berks & S Bucks Champs	Maidenhead	Windsor	2
4:45.78	409	H	22/03/14	Berkshire & South Buckinghamshire County	Maidenhead	Windsor	2
4:47.36	402	H	23/01/10	Windsor Level 2 Open Meet	Maidenhead	Windsor	2
4:51.72	385		19/12/09	Bournemouth Dolphins Open	Bournemouth	Windsor	2

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