

Individual Best Times (All Time)

Christopher Murphy - (260181) - Flitwick Dolphins SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:18.51	553	H	10/03/12	Bedfordshire County Championships	Biggleswade	Flitwick	2
4:20.91	538	H	24/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
4:21.35	535	H	12/05/12	Mid Beds Open Meet	Biggleswade	Flitwick	2
4:25.50	510	H	19/03/11	Bedfordshire County Championships	Biggleswade	Flitwick	2
4:26.39	505	F	20/01/13	Biggleswade SC 14th Open meet	Biggleswade	Flitwick	3
4:26.50	505	H	26/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
4:27.40	500	F	24/06/17	Biggleswade 18th Open Meet	Biggleswade	Flitwick	3
4:27.49	499	H	21/05/11	Mid Beds Open Meet	Biggleswade	Flitwick	2
4:28.59	493	H	27/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4
4:28.96	491	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Flitwick	2
4:31.34	478	H	30/11/13	Flitwick Dolphins Club Championships 2013	Bletchley	Flitwick	4
4:32.58	472	H	29/11/14	Flitwick Dolphins Club Championships	Biggleswade		4
4:33.98	464	H	23/10/11	Flitwick Dolphins Open Meet	Biggleswade	Flitwick	3
4:35.17	458		27/06/10	City of Milton Keynes	Milton Keynes	Flitwick	3
4:36.59	451	H	14/01/11	City of Cambridge Winter Open Meet	Cambridge	Flitwick	2
4:37.00	449	H	27/10/13	Flitwick Dolphins SC Open Meet	Biggleswade	Flitwick	3
4:37.02	449	F	15/05/10	Hatfield UK Challenge	Hatfield	Flitwick	2
4:37.37	448	H	20/03/10	Bedfordshire Champs	Biggleswade	Flitwick	2
4:38.81	441		24/01/10	Biggleswade 11th Open	Biggleswade	Flitwick	3
4:55.27	371		26/04/09	City of Milton Keynes Mt	Milton Keynes	Flitwick	2
4:56.19	367	H	28/03/09	Bedfordshire Champs	Biggleswade	Flitwick	2
5:09.86	321		27/09/08	Maxwell Open Meet	Aylesbury	Flitwick	3
5:27.75	271	H	15/03/08	Beds County Championships	Biggleswade	Flitwick	2
5:38.70	246	H	02/12/07	Stafford Apex Meet	Wolverhampton	Flitwick	2
5:53.95	215	H	14/04/07	Luton Open Meet	Barnet	Flitwick	2
6:07.82	192	H	24/03/07	Bedfordshire Champs	Biggleswade	Flitwick	2

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