

Individual Best Times (All Time)

Christopher Murphy - (260181) - Flitwick Dolphins SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:06.09	451	H	29/11/13	Flitwick Dolphins Club Championships 2013	Bedford	Flitwick	4
5:06.75	448	H	17/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
5:12.89	422	H	19/03/11	Bedfordshire County Championships	Biggleswade	Flitwick	2
5:19.79	395	H	19/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
5:20.66	392	H	20/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4
5:23.55	382	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Flitwick	3
5:24.13	380	H	20/03/10	Bedfordshire Champs	Biggleswade	Flitwick	2
5:51.22	298		04/07/09	City of Milton Keynes Gala	Milton Keynes	Flitwick	3
5:51.72	297	H	28/03/09	Bedfordshire Champs	Biggleswade	Flitwick	2
5:54.29	291		25/04/09	City of Milton Keynes Mt	Milton Keynes	Flitwick	2
5:59.81	277		24/01/09	Biggleswade Open Meet	Biggleswade	Flitwick	2
6:13.67	248		05/07/08	CMK End of Season Meet	Milton Keynes	Flitwick	3
6:33.31	212		26/01/08	Biggleswade Open Meet	Biggleswade	Flitwick	2
6:50.99	186	H	02/12/07	Stafford Apex Meet	Wolverhampton	Flitwick	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.55	382	F	19/01/14	Biggleswade SC 15th Open Meet	Biggleswade	Flitwick	3
5:06.09	451	H	29/11/13	Flitwick Dolphins Club Championships 2013	Bedford	Flitwick	4
5:06.75	448	H	17/11/12	Flitwick Dolphins Club Championships	Flitwick	Flitwick	4
5:19.79	395	H	19/11/11	Flitwick Dolphins Club Championships	Biggleswade	Flitwick	4
5:12.89	422	H	19/03/11	Bedfordshire County Championships	Biggleswade	Flitwick	2
5:20.66	392	H	20/11/10	Flitwick Dolphins Club Championships	Various	Flitwick	4
5:24.13	380	H	20/03/10	Bedfordshire Champs	Biggleswade	Flitwick	2
5:51.22	298		04/07/09	City of Milton Keynes Gala	Milton Keynes	Flitwick	3
5:54.29	291		25/04/09	City of Milton Keynes Mt	Milton Keynes	Flitwick	2

5:51.72	297	H	28/03/09	Bedfordshire Champs	Biggleswade	Flitwick	2
5:59.81	277		24/01/09	Biggleswade Open Meet	Biggleswade	Flitwick	2
6:13.67	248		05/07/08	CMK End of Season Meet	Milton Keynes	Flitwick	3
6:33.31	212		26/01/08	Biggleswade Open Meet	Biggleswade	Flitwick	2
6:50.99	186	H	02/12/07	Stafford Apex Meet	Wolverhampton	Flitwick	2