

Individual Best Times (All Time)

James Penfare - (25395) - Orion SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:57.80	600	F	28/03/10	Surrey County Champs	Guildford	Birm'ham Uni	2
1:58.42	590		08/11/09	South East Winter Champs	Aldershot	Birm'ham Uni	2
2:00.23	564		08/11/09	South East Winter Champs	Aldershot	Birm'ham Uni	2
2:00.72	557	H	19/07/08	Fareham Nomads Summer Mt	Southampton	Birm'ham Uni	3
2:01.21	550		29/11/08	Staines Club Champs	Staines	Birm'ham Uni	4
2:01.62	545	H	07/11/10	BG Midland Winter Champs	Corby	Birm'ham Uni	2
2:02.37	535		24/05/09	Guildford City Warm Up	Guildford	Birm'ham Uni	2
2:03.75	517		07/02/09	Surrey County Champs	Guildford	Birm'ham Uni	2
2:04.27	511		24/05/08	Guildford City Last Chance	Guildford	Birm'ham Uni	2
2:05.01	502		23/02/08	Middlesex County Champs	Enfield	Birm'ham Uni	2
2:06.18	488		06/12/08	Guildford City Qualifier	Guildford	Birm'ham Uni	2
2:06.82	481		25/11/07	Staines Club Champs	Spelthorne	Birm'ham Uni	4
2:08.40	463	H	15/07/07	Fareham Nomads Summer Mt L3)	Southampton	Birm'ham Uni	2
2:11.10	435		19/05/07	Hatfield UK Challenge	Hatfield	Birm'ham Uni	1
2:11.32	433		01/12/07	Middx County Champs	Enfield	Birm'ham Uni	1
2:12.29	423		10/03/07	Middlesex County Champs	Enfield	Birm'ham Uni	2
2:17.62	376	H	02/12/06	City of Oxford Open Meet	Oxford	Birm'ham Uni	2
2:22.47	339		22/04/06	Middlesex Development Meet	Enfield	Birm'ham Uni	3
2:23.17	334	F	16/05/10	Guildford City Open Meet	Guildford	Birm'ham Uni	2
2:25.64	317	H	09/07/06	Godalming 7th Open Meet	Cranleigh	Birm'ham Uni	4
2:29.79	291	H	04/12/05	City of Oxford	Oxford	Birm'ham Uni	2
2:35.41	261	H	25/04/04	Haslemere Open Meet 2004	Haslemere	Birm'ham Uni	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:01.62	545	H	07/11/10	BG Midland Winter Champs	Corby	Birm'ham Uni	2

2:23.17	334	F	16/05/10	Guildford City Open Meet	Guildford	Birm'ham Uni	2
1:57.80	600	F	28/03/10	Surrey County Champs	Guildford	Birm'ham Uni	2
2:00.23	564		08/11/09	South East Winter Champs	Aldershot	Birm'ham Uni	2
1:58.42	590		08/11/09	South East Winter Champs	Aldershot	Birm'ham Uni	2
2:02.37	535		24/05/09	Guildford City Warm Up	Guildford	Birm'ham Uni	2
2:03.75	517		07/02/09	Surrey County Champs	Guildford	Birm'ham Uni	2
2:06.18	488		06/12/08	Guildford City Qualifier	Guildford	Birm'ham Uni	2
2:01.21	550		29/11/08	Staines Club Champs	Staines	Birm'ham Uni	4
2:00.72	557	H	19/07/08	Fareham Nomads Summer Mt	Southampton	Birm'ham Uni	3
2:04.27	511		24/05/08	Guildford City Last Chance	Guildford	Birm'ham Uni	2
2:05.01	502		23/02/08	Middlesex County Champs	Enfield	Birm'ham Uni	2
2:11.32	433		01/12/07	Middx County Champs	Enfield	Birm'ham Uni	1
2:06.82	481		25/11/07	Staines Club Champs	Spelthorne	Birm'ham Uni	4
2:08.40	463	H	15/07/07	Fareham Nomads Summer Mt L3)	Southampton	Birm'ham Uni	2
2:11.10	435		19/05/07	Hatfield UK Challenge	Hatfield	Birm'ham Uni	1
2:12.29	423		10/03/07	Middlesex County Champs	Enfield	Birm'ham Uni	2
2:17.62	376	H	02/12/06	City of Oxford Open Meet	Oxford	Birm'ham Uni	2
2:25.64	317	H	09/07/06	Godalming 7th Open Meet	Cranleigh	Birm'ham Uni	4
2:22.47	339		22/04/06	Middlesex Development Meet	Enfield	Birm'ham Uni	3
2:29.79	291	H	04/12/05	City of Oxford	Oxford	Birm'ham Uni	2
2:35.41	261	H	25/04/04	Haslemere Open Meet 2004	Haslemere	Birm'ham Uni	2