

# Individual Best Times (All Time)

James Penfare - (25395) - Orion SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
32.24	322	H	20/07/08	Fareham Nomads Summer Mt	Southampton	Birm'ham Uni	3
34.28	268		17/10/09	Guildford City Sprints	Guildford	Birm'ham Uni	4
34.76	257		15/11/08	Staines Club Champs (L)	Staines	Birm'ham Uni	2
38.45	190		06/02/05	City of Southampton 5th Meet	Southampton	Birm'ham Uni	2
39.19	179	H	09/07/06	Godalming 7th Open Meet	Cranleigh	Birm'ham Uni	4
40.22	166	H	25/04/04	Haslemere Open Meet 2004	Haslemere	Birm'ham Uni	2

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