

# Individual Best Times (All Time)

Sophie Quach - (228759) - Shiverers SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:48.63	508	F	23/06/18	2018 Shiverers Club Championships	King Alfred	Shiverers	4
2:50.50	491	F	17/12/21	Shiverers Club Championships	Hove		4
2:50.80	489	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
2:56.05	446	H	26/01/20	Cheshire County Championships	Macclesfield LC	Warrington W	2
3:12.52	341	F	15/06/13	Shiverers Club Championships	Hove	Shiverers	4
3:41.24	225		26/09/10	Littlehampton Develop Meet	Feltham	Shiverers	3
3:48.01	205	H	22/02/09	Sussex County Champs	Crawley	Shiverers	2
3:49.03	202		06/12/09	Atlantis Christmas Cracker	Horsham	Shiverers	2
3:54.32	189	H	09/11/08	Sussex County Development	Brighton	Shiverers	3
4:08.55	158	H	15/03/08	Sussex County Champs	Crawley	Shiverers	2

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