## Individual Best Times (All Time)

Sophie Quach - (228759) - Shiverers SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:18.35	504	Н	07/11/21	SE South East Open/Junior Swimming Championships	Winchester	Shiverers	2
1:18.40	503	Н	28/10/18	Hatfield Club Championships 2018	Hertfordshire	Hatfield	4
1:18.54	500	F	18/12/21	Shiverers Club Championships	Hove		4
1:18.61	499	Н	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
1:18.76	496	F	15/06/18	2018 Shiverers Club Championships	King Alfred	Shiverers	4
1:18.95	492	F	17/10/21	Sussex County ASA Winter Competition	Crawley		2
1:19.13	489	F	26/01/20	Cheshire County Championships	Macclesfield LC	Warrington W	2
1:19.68	479	F	24/09/17	2017 Shiverers Club Championships	Hove	Shiverers	4
1:21.20	452	Н	26/01/20	Cheshire County Championships	Macclesfield LC	Warrington W	2
1:22.00	439	F	23/09/16	2016 Shiverers Club Championships	Hove	Shiverers	4
1:22.39	433	F	15/10/16	Sussex County ASA Winter Short Competition 2016	Crawley	Shiverers	2
1:22.89	425	F	16/01/16	Shiverers Development Meet	Hove	Shiverers	4
1:25.47	388	F	14/06/13	Shiverers Club Championships	Hove	Shiverers	4
1:25.51	387	F	01/03/14	Sussex County Champs & Age Group Comp	Crawley	Shiverers	2
1:26.32	377	F	20/06/14	Shiverers SC Club Championships	Hove	Shiverers	4
1:32.91	302	F	09/12/11	Shiverers Development Meet	Hove	Shiverers	4
1:45.05	209	Н	01/11/09	Sussex County Development	Brighton	Shiverers	3

## Swims in Date Order

	Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
	1:18.54	500	F	18/12/21	Shiverers Club Championships	Hove		4
	1:18.35	504	Н	07/11/21	SE South East Open/Junior Swimming Championships	Winchester	Shiverers	2
	1:18.95	492	F	17/10/21	Sussex County ASA Winter Competition	Crawley		2
	1:19.13	489	F	26/01/20	Cheshire County Championships	Macclesfield LC	Warrington W	2
	1:21.20	452	Н	26/01/20	Cheshire County Championships	Macclesfield LC	Warrington W	2
Co	1:18.61 pyright 202	499 <b>4</b>	Н	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield	Powered By SPORT	2 SYSTEM

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503	Н	28/10/18	Hatfield Club Championships 2018	Hertfordshire	Hatfield	4
496	F	15/06/18	2018 Shiverers Club Championships	King Alfred	Shiverers	4
479	F	24/09/17	2017 Shiverers Club Championships	Hove	Shiverers	4
433	F	15/10/16	Sussex County ASA Winter Short Competition 2016	Crawley	Shiverers	2
439	F	23/09/16	2016 Shiverers Club Championships	Hove	Shiverers	4
425	F	16/01/16	Shiverers Development Meet	Hove	Shiverers	4
377	F	20/06/14	Shiverers SC Club Championships	Hove	Shiverers	4
387	F	01/03/14	Sussex County Champs & Age Group Comp	Crawley	Shiverers	2
388	F	14/06/13	Shiverers Club Championships	Hove	Shiverers	4
302	F	09/12/11	Shiverers Development Meet	Hove	Shiverers	4
209	Н	01/11/09	Sussex County Development	Brighton	Shiverers	3
	496 479 433 439 425 377 387 388 302	496 F   479 F   433 F   439 F   425 F   377 F   387 F   388 F   302 F	496 F 15/06/18   479 F 24/09/17   433 F 15/10/16   439 F 23/09/16   425 F 16/01/16   377 F 20/06/14   387 F 01/03/14   388 F 14/06/13   302 F 09/12/11	496F15/06/182018 Shiverers Club Championships479F24/09/172017 Shiverers Club Championships433F15/10/16Sussex County ASA Winter Short Competition 2016439F23/09/162016 Shiverers Club Championships425F16/01/16Shiverers Development Meet377F20/06/14Shiverers SC Club Championships387F01/03/14Sussex County Champs & Age Group Comp388F14/06/13Shiverers Club Championships302F09/12/11Shiverers Development Meet	496F15/06/182018 Shiverers Club ChampionshipsKing Alfred479F24/09/172017 Shiverers Club ChampionshipsHove433F15/10/16Sussex County ASA Winter Short Competition 2016Crawley439F23/09/162016 Shiverers Club ChampionshipsHove425F16/01/16Shiverers Development MeetHove377F20/06/14Shiverers SC Club ChampionshipsHove387F01/03/14Sussex County Champs & Age Group CompCrawley388F14/06/13Shiverers Development MeetHove302F09/12/11Shiverers Development MeetHove	496F15/06/182018 Shiverers Club ChampionshipsKing AlfredShiverers479F24/09/172017 Shiverers Club ChampionshipsHoveShiverers433F15/10/16Sussex County ASA Winter Short Competition 2016CrawleyShiverers439F23/09/162016 Shiverers Club ChampionshipsHoveShiverers425F16/01/16Shiverers Development MeetHoveShiverers377F20/06/14Shiverers SC Club ChampionshipsHoveShiverers387F01/03/14Sussex County Champs & Age Group CompCrawleyShiverers388F14/06/13Shiverers Club ChampionshipsHoveShiverers302F09/12/11Shiverers Development MeetHoveShiverers