

Individual Best Times (All Time)

Sophie Quach - (228759) - Shiverers SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.52	509	H	03/11/18	Swim England East Region Short Course Championship	Luton	Hatfield	2
30.63	504	H	06/11/21	SE South East Open/Junior Swimming Championships	Winchester	Shiverers	2
30.69	501	H	03/11/19	Swim England North West Winter Championships 2019	Manchester	Warrington W	2
30.79	496	F	17/12/21	Shiverers Club Championships	Hove		4
31.05	484	F	08/09/18	Ken Deeley Open	Brighton	Shiverers	3
31.54	461	F	27/11/21	Atlantis Christmas Cracker 2021	Horsham		3
32.09	438	F	12/09/15	Brighton Ken Deeley Open	Brighton	Shiverers	3
32.12	437	F	09/09/17	Brighton Ken Deeley Open	Crawley	Shiverers	3
32.15	436	F	26/11/16	Atlantis Christmas Cracker Open Meet	Horsham	Shiverers	3
32.21	433	H	03/03/13	Sussex County Championships	Crawley	Shiverers	2
32.33	428	F	25/10/15	Sussex County ASA Winter Competition 2015	Horsham	Shiverers	2
32.56	419	F	10/09/16	Brighton Ken Deeley Open	Brighton	Shiverers	3
33.06	401	F	28/11/15	Atlantis Horsham Christmas Cracker Meet	Horsham	Shiverers	3
33.38	389	F	25/11/12	Atlantis Christmas Cracker Open Meet	Horsham	Shiverers	3
33.53	384	H	25/02/12	Sussex County Championships	Crawley	Shiverers	2
33.64	380	F	01/12/13	Atlantis Christmas Cracker Open Meet	Horsham	Shiverers	3
33.64	380	F	13/09/14	Ken Deeley 50m Sprint Meet	Brighton	Shiverers	3
33.72	377	F	15/09/12	Brighton SC Ken Deeley 50m Sprint Meet	Brighton	Shiverers	3
34.60	349	F	14/09/13	Brighton Ken Deeley 50m Sprint Meet	Brighton	Shiverers	3
35.48	324	H	17/09/11	Brighton SC Ken Deeley 50m Sprint Meet	Brighton	Shiverers	3
38.66	250	H	18/09/10	Ken Deeley 50m Sprint Meet	Brighton	Shiverers	3
39.95	227	F	05/12/10	Atlantis Xmas Open Meet	Horsham	Shiverers	2
41.72	199	H	08/03/09	Sussex County Champs	Crawley	Shiverers	2
43.14	180	H	09/11/08	Sussex County Development	Brighton	Shiverers	3
44.15	168		28/09/08	Littlehampton Dev Chaser	Bognor Regis	Shiverers	3
45.09	158	F	15/03/08	Sussex County Champs	Crawley	Shiverers	2
45.84	150	H	15/02/09	Sussex County Champs	Crawley	Shiverers	2

43.04	100	H	13/03/08	Sussex County Champs	Crawley	Shiverers	
46.67	142	H	22/06/08	Cranleigh Summer Meet	Cranleigh	Shiverers	3
47.22	137		07/12/08	Littlehampton Advent Meet	Bognor Regis	Shiverers	3
48.83	124		02/12/07	Littlehampton Advent Meet	Littlehampton	Shiverers	3
52.47	100		30/09/07	Littlehampton Chaser Open	Bognor Regis	Shiverers	3

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