

Individual Best Times (All Time)

Elliot Routledge - (220643) - Workington SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:42.27	575	H	15/03/14	Cumbria County Championships	Whitehaven	Cockermouth	2
4:45.57	555	H	14/03/15	2015 Cumbria Age Groups & County Championships	Whitehaven	Cockermouth	2
4:52.65	516	H	16/03/13	Cumbria County Championships	Whitehaven	Cockermouth	2
4:56.68	495	H	17/11/13	Stockport November L2 Meet	Stockport	Cockermouth	2
5:01.44	472	F	30/09/15	Cockermouth Club Championships	Cockermouth	Cockermouth	4
5:05.97	451	H	28/02/16	Cumbria Age Groups & County Championships	Kendal	Cockermouth	2
5:15.83	410	H	17/03/12	Cumbria Age Groups & County Championships	Whitehaven	Cockermouth	2
5:34.91	344	H	19/03/11	Cumbria County Championships	Whitehaven	Cockermouth	2
5:50.31	301	H	06/03/10	Cumbria County Champs	Kendal	Cockermouth	2
6:00.92	275	H	05/12/09	Wear Valley Christmas Mt	Bishop Auckland	Cockermouth	3

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