

# Individual Best Times (All Time)

Jamie McLaughlin - (207700) - Dunmow Atlantis SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
24.18	579	H	03/12/16	Dunmow Atlantis Club Championships	Great Dunmow	DunmowAtlant	4
24.38	565	H	05/11/16	East Swimming 2016 SC Championships	Luton	DunmowAtlant	2
24.72	542	F	25/09/16	BPSC Season Opener	Basildon	DunmowAtlant	2
24.76	539	H	07/11/15	ASA East Region Winter Championships 2015	Luton		2
24.77	539	H	25/09/16	BPSC Season Opener	Basildon	DunmowAtlant	2
24.84	534	F	19/07/14	Team Luton Sprint Meet	Luton		3
24.87	532	F	29/11/14	Essex Senior Junior Championships	Basildon		2
24.88	532	H	06/12/14	ASA East Region Winter Championships	Luton		2
24.89	531	H	29/11/14	Essex Senior Junior Championships	Basildon		2
24.90	530	H	22/11/14	Dunmow Atlantis Club Championships	Great Dunmow		4
24.91	530	H	28/11/15	Dunmow Atlantis Club Championships	Dunmow		4
24.93	528	H	17/01/15	Essex County Age Group Championships 2015	Basildon		2
24.96	526	H	15/02/14	Essex County Age Groups Championships	Basildon	DunmowAtlant	2
24.96	526	H	14/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon		3
25.04	521	H	19/07/14	Team Luton Sprint Meet	Luton		3
25.12	516	H	03/01/15	Basildon & Phoenix Winter Meet	Basildon		2
25.13	516	H	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
25.15	515	H	18/06/16	Harlow Penguins 5th Eric Shepherd Open Meet	Harlow	DunmowAtlant	3
25.17	513	H	17/10/13	Dunmow Atlantis Club Championships	Dunmow	DunmowAtlant	4
25.18	513	H	24/10/15	Essex Senior Short Course Championships 2015	Basildon		2
25.23	510	H	15/12/13	Braintree & Bocking Christmas Cracker	Braintree	DunmowAtlant	3
25.26	508	H	11/01/14	Basildon & Phoenix Last Chance County	Basildon	DunmowAtlant	3
25.30	505	F	04/10/15	Cambridge L2 Regional & National SC Qualifier	Cambridge		2
25.33	504	H	02/12/17	Dunmow Atlantis Club Championships	Dunmow	DunmowAtlant	4
25.34	503	H	20/06/15	Harlow Penguins 4th Eric Shepherd Open Meet	Harlow		3
25.41	499	H	19/10/14	Bishop's Stortford 6th Autumn Open Meet	Borehamwood		3
25.60	487	H	22/02/15	Essex County Championships	Basildon	DunmowAtlant	2

23.02	407	F	23/02/13	Essex County Championships	Basildon	DunmowAtlant	2
25.70	482	F	23/02/13	Essex County Championships	Basildon	DunmowAtlant	2
25.76	479	F	14/03/15	Basildon & Phoenix SC Spring Time Trial Event	Basildon		3
25.84	474	H	14/04/13	Halstead 4th SC Open Meet	Braintree	DunmowAtlant	3
25.87	473	F	30/11/13	Dunmow Atlantis Club Championships	Dunmow	DunmowAtlant	4
25.92	470	H	27/10/12	Basildon & Phoenix Autumn SC Meet	Basildon	DunmowAtlant	3
26.39	445	H	06/10/13	Bishop Stortford 5th Autumn Open Meet	Braintree	DunmowAtlant	3
26.59	435	H	18/02/12	Essex County Age Group Championships	Basildon	DunmowAtlant	2
26.68	431	H	15/04/12	Halstead 3rd Short Course Open Meet	Braintree	DunmowAtlant	3
27.14	409	H	14/01/12	teamipswich Swimming New Year Opener	Ipswich	DunmowAtlant	4
27.78	382	H	25/09/11	Bishop's Stortford Autumn Open Meet	Braintree	DunmowAtlant	3
27.85	379		18/06/11	Canvey Island Summer Sprint Meet	Grays	DunmowAtlant	3

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