

Individual Best Times (All Time)

James Day - (206917) - Basildon and Phoenix SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.34	503	H	29/11/14	Essex Senior Junior Championships	Basildon		2
25.67	484	H	06/12/14	ASA East Region Winter Championships	Luton		2
25.67	484	H	17/01/15	Essex County Age Group Championships 2015	Basildon		2
25.90	471	F	23/02/13	Essex County Championships	Basildon	Basildon Ph	2
25.91	471	H	29/11/13	Basildon & Phoenix SC Club Championships	Basildon	Basildon Ph	4
25.91	471	H	29/11/13	Basildon & Phoenix Club Championships	Basildon	Basildon Ph	4
25.98	467	H	15/02/14	Essex County Age Groups Championships	Basildon	Basildon Ph	2
26.65	432	H	23/02/13	Essex County Championships	Basildon	Basildon Ph	2
27.07	413	H	01/04/12	Essex County Championships	Basildon	Basildon Ph	2
27.29	403	F	01/04/12	Essex County Championships	Basildon	Basildon Ph	2
27.42	397	H	29/09/12	Thurrock SC Club Championships	Grays	Basildon Ph	4
27.52	393	F	20/02/11	Essex County Championships	Southend	Basildon Ph	2
27.92	376	H	20/02/11	Essex County Championships	Southend	Basildon Ph	2
29.17	330	H	23/01/10	Essex County Champs	Grays	Basildon Ph	2
29.40	322	F	23/01/10	Essex County Champs	Grays	Basildon Ph	2
30.03	302	H	12/12/09	Thurrock Club Champs	Grays	Basildon Ph	4
31.37	265	F	25/01/09	Essex County AG Champs	Grays	Basildon Ph	2
31.92	251	H	25/01/09	Essex County AG Champs	Grays	Basildon Ph	2
32.98	228	F	26/01/08	Essex County Champs	Grays	Basildon Ph	2
33.22	223	H	26/01/08	Essex County Champs	Grays	Basildon Ph	2
33.90	210	H	06/01/08	Icebreaker	Canterbury	Basildon Ph	1
36.40	169		01/12/07	Guildford City Meet	Guildford	Basildon Ph	1
37.12	160	H	15/07/07	Cambridge Summer Open	Cambridge	Basildon Ph	4
37.57	154	H	21/01/07	Essex County Champs	Grays	Basildon Ph	2

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31.92	251	H	25/01/09	Essex County AG Champs	Grays	Basildon Ph	2
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