

# Individual Best Times (All Time)

Karen Keen - (193665) - Ware SC - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.73	363	F	13/12/14	NASL London Rounds Division 1&2	Becontree	Ware	3
1:16.06	358	F	04/10/15	Ware Club Championships 2015	Ware		4
1:16.34	354	F	08/11/14	NASL London Rounds Div 1 & 2	Becontree	Ware	3
1:16.42	353	F	07/10/16	Ware Club Championships 2016	Ware		4
1:16.47	353	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Woodside	Ware	3
1:16.67	350	F	10/12/16	NASL London	Hatfield	Ware	3
1:16.94	346	F	14/10/17	NASL - London Rounds 2017 - Division 1 & 2	Luton	Ware	3
1:17.02	345	F	29/09/14	Ware Club Championships 2014	Ware		4
1:17.03	345	F	12/12/15	National Arena League-London Div1&2 Rounds123	Braintree	Ware	3
1:17.20	343	F	12/10/19	NASL London Round 1	Westminster Lodge	Ware	3
1:17.21	343	F	24/09/22	Ware SC Club Championships 2022	Ware		4
1:17.25	342	F	30/09/18	Ware Club Championships 2018	Ware		4
1:17.37	340	F	11/10/14	National Arena League London Division 1	Enfield	Ware	3
1:17.53	338	F	29/09/19	Ware SC Club Championships 2019	Ware		4
1:17.67	336	F	12/11/16	NASL London	Borehamwood	Ware	3
1:18.02	332	F	09/11/19	NASL London Round 2	Southbury	Ware	3
1:18.09	331	F	10/10/15	National Arena League-London Div1&2 Rounds123	Enfield	Ware	3
1:18.31	328	F	14/12/19	NASL London Round 3	Southbury	Ware	3
1:18.34	328	F	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Enfield	Ware	3
1:18.45	327	F	30/09/23	Ware Swimming Club Championships 2023	Ware		4
1:18.64	324	F	08/10/16	NASL London	Borehamwood	Ware	3
1:18.70	323	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Braintree	Ware	3
1:18.84	322	F	08/12/18	The NASL - London - Rounds 2018 - Div 1 & 2	Braintree	Ware	3
1:20.16	306	F	11/11/23	National Arena Swimming League - London 2023	Southbury		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.16	306	F	11/11/23	National Arena Swimming League - London 2023	Southbury		3
1:18.45	327	F	30/09/23	Ware Swimming Club Championships 2023	Ware		4
1:17.21	343	F	24/09/22	Ware SC Club Championships 2022	Ware		4
1:18.31	328	F	14/12/19	NASL London Round 3	Southbury	Ware	3
1:18.02	332	F	09/11/19	NASL London Round 2	Southbury	Ware	3
1:17.20	343	F	12/10/19	NASL London Round 1	Westminster Lodge	Ware	3
1:17.53	338	F	29/09/19	Ware SC Club Championships 2019	Ware		4
1:18.84	322	F	08/12/18	The NASL - London - Rounds 2018 - Div 1 & 2	Braintree	Ware	3
1:18.34	328	F	13/10/18	The NASL - London - Rounds 2018 - Div 1 & 2	Enfield	Ware	3
1:17.25	342	F	30/09/18	Ware Club Championships 2018	Ware		4
1:16.47	353	F	09/12/17	NASL - London Rounds 2017 - Division 1 & 2	Woodside	Ware	3
1:18.70	323	F	11/11/17	NASL - London Rounds 2017 - Division 1 & 2	Braintree	Ware	3
1:16.94	346	F	14/10/17	NASL - London Rounds 2017 - Division 1 & 2	Luton	Ware	3
1:16.67	350	F	10/12/16	NASL London	Hatfield	Ware	3
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