

Individual Best Times (All Time)

James Clark - (186554) - Swindon Dolphin ASC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.04	553	H	05/03/11	Wiltshire County Championships	Swindon	Bath Univ	2
4:47.30	545	H	25/09/11	Swindon Dolphins Club Championships	Swindon	Bath Univ	4
4:48.05	541	H	03/12/11	BG SWR Short Course Championships	Millfield	Bath Univ	2
4:48.69	538	H	23/02/13	Wiltshire County Championships	Swindon	Bath Univ	2
4:50.31	529	H	25/02/12	Wiltshire County Championships	Swindon	Bath Univ	2
4:51.42	523	H	27/02/10	Wiltshire County Champs	Swindon	Bath Univ	2
4:51.69	521	H	06/11/10	South West Region Champs	Millfield	Bath Univ	2
4:55.48	501	H	16/10/10	Swindon Dolphins Club Championships	Swindon	Bath Univ	4
4:55.58	501	H	07/11/09	South West Region Champs	Weston-super-Mare	Bath Univ	2
4:56.72	495		09/04/09	Portsmouth Northsea Meet	Portsmouth	Bath Univ	1
4:56.86	494	H	04/10/09	Swindon Dolphins Champs	Swindon	Bath Univ	4
5:01.34	473	H	31/05/09	Tigersharks Last Chance	Swindon	Bath Univ	2
5:01.70	471	H	28/03/09	Wiltshire County Champs	Swindon	Bath Univ	2
5:02.62	467	H	25/05/08	Tigersharks Last Chance	Swindon	Bath Univ	2
5:06.59	449	H	29/03/08	Wiltshire County Champs	Swindon	Bath Univ	2
5:07.55	445	H	01/08/09	Swindon Dolphins Meet	Swindon	Bath Univ	3
5:10.87	430		13/04/08	Bournemouth Dolphins 18th	Bournemouth	Bath Univ	2
5:11.44	428	H	01/03/08	Wiltshire County Champs	Swindon	Bath Univ	2
5:13.67	419	H	21/09/08	Swindon Dolphins Club Champ	Swindon	Bath Univ	4
5:25.70	374	H	27/05/07	Tigersharks Last Chance	Swindon	Bath Univ	2
5:28.13	366	H	24/03/07	Wiltshire County Champs	Swindon	Bath Univ	2
5:38.94	332	H	25/03/06	Wiltshire County Champs	Swindon	Bath Univ	2
6:15.46	244	H	19/03/05	Wiltshire County Champs 2005	Swindon	Bath Univ	2

Swims in Date Order

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