

Individual Best Times (All Time)

Justin Langford - (18118) - Staines Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.53	495		09/12/18	Doncaster Swim Along A Santa	Leeds	Co Wakefield	3
31.77	484	F	06/03/22	Atlantis SC Splash n Dash 2022	Horsham		3
32.10	469		28/11/09	Hatfield Winter Wonderland	Hatfield	Tring	3
32.33	459	H	07/03/19	City of Wakefield Club Championships 2019	Wakefield	Co Wakefield	4
32.33	459	H	02/11/19	North East Region Open Championships (25m)	Sheffield	Co Wakefield	2
32.33	459	F	16/01/22	Brighton SC Tom Handley Open Meet	Prince Regent		3
32.54	450	H	07/11/21	SE South East Open/Junior Swimming Championships	Winchester	Staines	2
32.63	447	H	06/01/20	City of Wakefield Last Chance County Qualifier	Wakefield	Co Wakefield	4
32.64	446		27/09/14	Romford Town SC 4th David Jacobs Memorial Gala	Thurrock	Hemel Hemp	3
32.69	444	H	15/12/07	Beckenham Rising Stars	Bexleyheath	Tring	3
32.73	442	H	15/03/08	Sussex County Champs	Crawley	Tring	2
32.93	434		04/02/07	Southampton Sprint Open	Southampton	Tring	2
32.98	432	F	15/03/08	Sussex County Champs	Crawley	Tring	2
33.42	416		15/11/08	Haslemere Open Meet	Haslemere	Tring	1
33.85	400	H	18/11/06	Haslemere Open Meet	Haslemere	Tring	1
33.95	396	F	07/05/11	Stevenage SC May Open Meet	Stevenage	Tring	3
33.96	396		22/04/06	Littlehampton Open	Portsmouth	Tring	2
33.96	396		04/11/06	South East Region Champs	Waterlooville	Tring	1
34.03	394	H	28/05/06	Guildford Spring Open	Guildford	Tring	1
34.14	390		17/09/11	Romford Town David Jacobs Memorial Meet	Enfield	Tring	3
34.21	387	H	14/07/07	Fareham Nomads Summer Mt L3)	Southampton	Tring	2
34.32	384	H	19/02/06	Sussex County Champs	Crawley	Tring	2
34.60	374	H	19/11/05	Haslemere Open Meet	Haslemere	Tring	1
34.69	372	H	15/07/06	Fareham Nomads Summer Open	Southampton	Tring	3
34.76	369	H	03/12/06	Guildford Winter Open	Guildford	Tring	1
35.64	343	H	04/12/05	Guildford Open Meet	Guildford	Tring	1
36.01	333	H	05/12/04	Guildford City Open Meet 2004	Guildford	Tring	2

36.01	332	H	05/12/04	Guildford City Open Meet 2004	Guildford	Tring	2
36.23	326	H	13/03/05	Sussex County Championships	Crawley	Tring	2
37.37	297	H	07/03/04	Sussex County Championships	Various	Tring	2
37.42	296	H	17/07/04	Fareham Nomads Summer A Meet	Portsmouth	Tring	2
47.83	141	H	20/01/02	Portsmouth Northsea Junior Mt	Portsmouth	Tring	2
48.21	138	H	05/01/02	Brighton 18th AG Open Meet	Prince Regent	Tring	2
48.77	133		02/12/01	Sussex County Championships	Brighton	Tring	2
52.38	108		19/11/00	Sussex County Champ 50m Meet	Crawley	Tring	2
53.69	100	H	06/01/01	Tom Handley Memorial Brighton	Prince Regent	Tring	2
55.68	89	H	09/01/00	Birghton Designated Meet	Prince Regent SC	Tring	2

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