

Individual Best Times (All Time)

Justin Langford - (18118) - Staines Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.54	390	F	06/10/12	Maxwell Autumn Meet 2012	Aylsbury	Tring	3
3:26.35	134	H	06/01/02	Brighton 18th AG Open Meet	Prince Regent	Tring	2
3:29.13	128		01/04/01	Sussex County championships	Various	Tring	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.54	390	F	06/10/12	Maxwell Autumn Meet 2012	Aylsbury	Tring	3
3:26.35	134	H	06/01/02	Brighton 18th AG Open Meet	Prince Regent	Tring	2
3:29.13	128		01/04/01	Sussex County championships	Various	Tring	2