

Individual Best Times (All Time)

Freya Griffiths - (180046) - Bebington SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:29.01	508	H	16/03/14	Cheshire County Championships	Macclesfield	Bebington	2
2:29.92	499	F	12/01/14	Peninsular Group of Swimming Clubs Champs	Birkenhead	Bebington	3
2:33.94	461	F	04/01/14	Bebington Winter Championships	Bebington	Bebington	4
2:34.61	455	H	28/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	Bebington	2
2:35.27	449	H	03/03/13	Cheshire County Championships	Macclesfield	Bebington	2
2:36.55	438	H	04/03/12	Cheshire County Championships	Macclesfield	Bebington	2
2:36.98	434	H	28/11/10	Stockport Metro Open Meet	Stockport	Bebington	2
2:37.18	433	H	20/03/11	Cheshire County Championships	Macclesfield	Bebington	2
2:37.45	431	F	02/12/12	Percy Mason Memorial Gala	Warrington	Bebington	3
2:37.73	428	H	15/01/12	Harrogate Janus A & B Grade Meet	Harrogate	Bebington	3
2:38.07	426	F	06/10/12	Wirral Metro Autumn Meet	Birkenhead	Bebington	2
2:38.08	425	F	02/10/10	Wirral Metro Open Meet	Birkenhead	Bebington	2
2:38.18	425	H	24/10/10	Harrogate Junior Open Meet	Harrogate	Bebington	2
2:38.27	424	H	05/02/11	Harrogate District 29th Open Meet	Harrogate	Bebington	2
2:38.44	423	F	01/05/11	Wrexham Spring Meet	Wrexham	Bebington	2
2:38.58	421	F	15/09/12	Wirral Metro SC Club Championships 2012	Birkenhead	Bebington	4
2:39.38	415	H	21/03/10	Cheshire County Champs	Macclesfield	Bebington	2
2:39.58	414	F	04/11/12	Wigan Best Future Stars Open Meet	Wigan	Bebington	2
2:40.48	407	F	10/07/11	Wirral Metro Summer Open Meet	Birkenhead	Bebington	3
2:42.97	388	F	14/06/14	Bebington Winter Championships	Bebington	Bebington	4
2:43.57	384	F	04/07/10	Aquabears of Rochdale	Salford	Bebington	3
2:43.85	382	H	30/01/10	28th Harrogate Open Meet	Harrogate	Bebington	2
2:46.57	364	F	20/12/09	Wirral Metro Xmas Meet	Birkenhead	Bebington	4
2:47.39	358		10/01/10	Stourbridge Crystal Open	Wolverhampton	Bebington	2
2:53.89	320	F	03/10/09	Wirral Metro Open Meet	Birkenhead	Bebington	2
2:55.65	310	H	25/10/09	Harrogate Junior Meet	Harrogate	Bebington	2
2:01.44	281		10/07/09	Wirral Metro Open Meet	Birkenhead	Bebington	2

3:01.41	201	12/07/09	Wirral Metro Open Meet	Birkenhead	Bebington	3
3:14.63	228	19/12/08	Wirral Metro Xmas Points	Birkenhead	Bebington	4
3:15.29	225	21/06/08	Wirral Metro Open Meet	Birkenhead	Bebington	3

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