

Individual Best Times (All Time)

Omer Abdulrahman - (1717728) - Worthing Swimming Club - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:33.56	102	F	12/12/23	Worthing SC Long Distance Club Champs	Worthing		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
7:33.56	102	F	12/12/23	Worthing SC Long Distance Club Champs	Worthing		4