Individual Best Times (All Time)

Miriam Valaine - (1701065) - Barking & Dagenham Aquatics Club - 100 Breaststroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
1:57.23	150	F	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield		3	

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:57.23	150	F	26/11/23	Enfield SS County Qualifier Open Meet 2023	Enfield		3