## **Individual Best Times (All Time)**

Theodore Malik - (1682074) - Lancing College Swimming Club - 200 Breaststroke - Short Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:57.23	129	F	13/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent		3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:57.23	129	F	13/01/24	Brighton SC Tom Handley Open Meet 2024	Prince Regent		3

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