

# Individual Best Times (All Time)

Regan Redman - (1677099) - West Norfolk Swimming Club - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.77	155	H	25/05/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	West Norfolk	4
54.67	139	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
55.66	132	H	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	West Norfolk	3
56.91	123	F	29/10/23	Dereham & District ASC Halloween Mini Meet 2023	Dereham		4
58.67	113	H	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	West Norfolk	3
59.49	108	F	30/09/23	Dereham and District ASC Icen Open 2023	Dereham		3
59.55	108	H	17/07/23	West Norfolk Club Championships 2023	King's Lynn	West Norfolk	4
1:00.52	103	H	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	West Norfolk	3
1:05.98	79	H	20/05/23	West Norfolk SC Club Development Gala 2023	Kings Lynn	West Norfolk	4
1:13.84	56	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	West Norfolk	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
52.77	155	H	25/05/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	West Norfolk	4
54.67	139	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
55.66	132	H	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	West Norfolk	3
56.91	123	F	29/10/23	Dereham & District ASC Halloween Mini Meet 2023	Dereham		4
59.49	108	F	30/09/23	Dereham and District ASC Icen Open 2023	Dereham		3
1:00.52	103	H	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	West Norfolk	3
58.67	113	H	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	West Norfolk	3
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1:05.98	79	H	20/05/23	West Norfolk SC Club Development Gala 2023	Kings Lynn	West Norfolk	4
1:13.84	56	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	West Norfolk	3