

# Individual Best Times (All Time)

Regan Redman - (1677099) - West Norfolk Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
45.89	166	H	25/05/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	West Norfolk	4
48.42	141	H	25/02/24	SE Norfolk Warwick Thompson Memorial Gala 2024	Thetford	West Norfolk	3
48.45	141	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
50.03	128	H	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
50.96	121	H	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	West Norfolk	3
51.25	119	F	01/10/23	Dereham and District ASC Icen Open 2023	Dereham		3
52.44	111	H	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	West Norfolk	3
52.72	109	H	20/05/23	West Norfolk SC Club Development Gala 2023	Kings Lynn	West Norfolk	4
1:00.51	72	H	26/02/23	Norfolk ASA Warwick Thompson Memorial Gala 2023	Thetford	West Norfolk	3

## Swims in Date Order

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45.89	166	H	25/05/24	West Norfolk SC Club Development Gala 2024	Kings Lynn	West Norfolk	4
48.45	141	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
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