

Individual Best Times (All Time)

Joel O'halleron - (167141) - York City Baths Club - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:23.64	706	C	13/12/15	Scottish National Short Course Meet	Edinburgh	Derwentside	1
4:26.34	685	F	21/11/15	ASANER Regional Senior & Youth Championships	Sunderland	Derwentside	2
4:26.40	684	F	11/12/16	Scottish National Short Course Championships	Edinburgh	Derwentside	1
4:27.54	676	H	11/12/16	Scottish National Short Course Championships	Edinburgh	Derwentside	1
4:28.07	672	H	13/12/15	Scottish National Short Course Meet	Edinburgh	Derwentside	1
4:29.48	661	H	14/11/15	BUCS Short Course Championships	Sheffield		2
4:29.88	658	H	17/10/15	City of Sunderland ASC Short Course Qualifier 2015	Sunderland	Derwentside	2
4:30.71	652	F	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	Derwentside	2
4:31.01	650	F	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	Derwentside	2
4:32.39	640	H	12/11/16	BUCS Short Course Swimming Championships	Sheffield		2
4:32.52	639	H	15/11/14	BUCS Short Course 2014	Sheffield		2
4:33.58	632	H	21/11/15	ASANER Regional Senior & Youth Championships	Sunderland	Derwentside	2
4:34.09	628	F	01/12/12	ASA North East Region Senior & Junior Meet	Sunderland	Derwentside	2
4:35.13	621	H	05/11/16	ASA North East Region Senior Junior Champs	Sunderland	Derwentside	2
4:36.75	610	H	30/11/13	ASA North East Region Senior & Junior Meet	Sunderland	Derwentside	2
4:37.10	608	H	25/10/14	Middlesbrough Halloween Open Meet	Middlesbrough	Derwentside	2
4:37.70	604	H	18/11/12	Stockport Metro November Short Course Meet	Stockport	Derwentside	2
4:38.15	601	H	01/12/12	ASA North East Region Senior & Junior Meet	Sunderland	Derwentside	2
4:46.86	548	F	03/12/11	BG North East Region Championships	Sunderland	Derwentside	2
4:47.94	542		02/07/11	Gateshead & Whickham Summer Meet	Dunston	Derwentside	4
4:47.95	542	H	03/12/11	BG North East Region Championships	Sunderland	Derwentside	2
4:48.08	541	H	20/11/11	Stockport Metro November Open Meet	Stockport	Derwentside	2
4:56.80	495	H	06/03/11	Northumberland & Durham Championships	Middlesbrough	Derwentside	2
5:02.73	466	H	07/11/10	BG North East SC Champs	Sunderland	Derwentside	2
5:13.76	419	H	07/03/10	Northumberland & Durham CC	Middlesbrough	Derwentside	2
5:25.09	376		05/07/09	Gateshead & Whickham	Gateshead	Derwentside	3
5:28.08	362	H	20/11/09	North East Region Champs	Sunderland	Derwentside	2

5:29.06	363	H	29/11/09	North East Region Champs	Sunderland	Derwentside	
5:31.03	356	H	01/03/09	Northumberland & Durham	Middlesbrough	Derwentside	2
5:40.50	327	H	30/11/08	North East Region Champs	Sunderland	Derwentside	1

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