Individual Best Times (All Time)

Nathan Higgins - (1654516) - City of Southend on Sea SC - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:46.03	193	H	10/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	Southend	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:46.03	193	H	10/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	Southend	4