

Individual Best Times (All Time)

William Rostron - (1649920) - Gateshead & Whickham SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------------|-----------------|-------|
| 5:18.41 | 296 | H | 25/05/24 | South Tyneside 2024 Spring Meet | South Shields | Gates &Whick | 3 |
| 5:29.04 | 268 | H | 21/10/23 | Chester-le-Street ASC Junior Meet | Chester-le-Street | Gates &Whick | 3 |
| 5:44.31 | 234 | H | 08/10/23 | Autumn Sprint & Distance Meet 2023 | Stanley | Gates &Whick | 3 |
| 5:50.23 | 222 | H | 15/07/23 | Gateshead & Whickham ASC Summer Meet 2023 | Gateshead | Gates &Whick | 3 |
| 6:25.79 | 166 | H | 27/05/23 | South Tyneside SC Spring Meet 2023 | South Shields | Gates &Whick | 3 |
| 7:01.60 | 127 | H | 17/03/23 | Gateshead & Whickham ASC NER Qualifier Meet 2023 | Gateshead | Gates &Whick | 3 |

Swims in Date Order

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