

Individual Best Times (All Time)

Elizabeth Litvinenko - (1649796) - West Norfolk Swimming Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:04.19	269	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
3:09.08	248	H	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	West Norfolk	3
3:20.88	207	F	03/12/23	City of Peterborough Winter Meet 2023	Peterborough		3
3:20.95	207	H	15/07/23	West Norfolk Club Championships 2023	King's Lynn	West Norfolk	4
3:22.92	201	F	30/09/23	Dereham and District ASC Icen Open 2023	Dereham		3
3:24.89	195	H	25/06/23	Swim England Norfolk County Challenge 2023	Dereham	West Norfolk	3

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