

# Individual Best Times (All Time)

Elizabeth Litvinenko - (1649796) - West Norfolk Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.14	231	H	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	West Norfolk	3
41.17	230	F	03/12/23	City of Peterborough Winter Meet 2023	Peterborough		3
42.21	214	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	West Norfolk	3
44.08	187	H	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	West Norfolk	3
45.18	174	F	01/10/23	Dereham and District ASC Icen Open 2023	Dereham		3
45.88	166	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	West Norfolk	3
46.24	162	H	25/06/23	Swim England Norfolk County Challenge 2023	Dereham	West Norfolk	3
46.57	159	H	16/07/23	West Norfolk Club Championships 2023	Downham Market	West Norfolk	4
46.58	159	H	26/02/23	Norfolk ASA Warwick Thompson Memorial Gala 2023	Thetford	West Norfolk	3
47.36	151	F	15/10/23	Diss Otters Open Meet 2023	Norwich		3
47.38	151	H	29/07/23	Norwich Swan & Great Yarmouth SC Summer Sprints	Norwich	West Norfolk	3
47.71	148	H	15/04/23	West Norfolk SC Club Development Gala 2023	Kings Lynn	West Norfolk	4

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