

Individual Best Times (All Time)

Allanah Ralfe - (1645102) - Thetford Dolphins SC - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:43.18	151	H	12/10/23	Thetford Dolphins SC Club Championships 2023	Thetford	Thetford	4

Swims in Date Order

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