

Individual Best Times (All Time)

Molly Melia - (1643650) - City of Sunderland ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:54.43	484	H	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	Co Sund'land	3
5:02.79	445	H	13/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Co Sund'land	2
5:06.87	428	H	11/02/24	Durham City Aquatics Valentine Gala	Durham	Co Sund'land	3
5:11.30	410		09/12/23	York City BC Winter Swim Extravaganza 2023	Leeds		3
5:13.66	401	H	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	Co Sund'land	3
5:17.10	388	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	Co Sund'land	3
5:28.02	350	H	19/03/23	Durham City Aquatics Not the Valentine Gala 2023	Durham	Co Sund'land	3

Swims in Date Order

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