

Individual Best Times (All Time)

Sofia-Elyse Sanders - (1632243) - Armthorpe & District SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|---------------------|-----------------|-------|
| 38.00 | 416 | | 15/06/24 | Team Jorvik Viking Sprints 2024 | Leeds | | 3 |
| 40.83 | 335 | | 17/03/24 | Beverley Barracudas Spring Equinox Meet 2024 | Beverley | | 3 |
| 41.18 | 326 | H | 26/11/23 | Armthorpe SC Club Championships 2023 | Adwick | Armthorpe | 4 |
| 42.00 | 308 | H | 04/11/23 | NE Regional Age Group Championships (25m) 2023 | Sheffield | Donc Dartes | 2 |
| 42.02 | 307 | | 17/12/23 | Barracudas Winter Solstice County Qualifier 2023 | Beverley | | 3 |
| 42.61 | 295 | H | 15/10/23 | Yorkshire SA Winter Competitions 2023 | Leeds | Donc Dartes | 2 |
| 44.33 | 262 | | 10/09/23 | Doncaster Dartes September Sprints | John Charles Centre | | 3 |
| 44.84 | 253 | | 17/06/23 | Team Jorvik Viking Sprints 2023 | Leeds | | 3 |
| 45.13 | 248 | | 09/07/23 | Bridlington ASC Seaside Special 2023 | Bridlington | | 3 |
| 45.58 | 241 | | 16/09/23 | Barracudas Autumn Equinox County Qualifier 2023 | Beverley | | 3 |
| 46.85 | 222 | H | 26/03/23 | DMASA John Harriman Championships 2023 | Adwick | Armthorpe | 4 |
| 47.62 | 211 | | 05/03/23 | Doncaster Dartes March Sprints Meet 2023 | Adwick | | 3 |
| 50.62 | 176 | H | 16/10/22 | Adwick ASC DMasa Individual Championships 2022 | Adwick | Armthorpe | 4 |
| 50.71 | 175 | F | 15/01/23 | Alec James League Individual Championships 2023 | Scunthorpe | | 3 |
| 51.47 | 167 | H | 26/11/22 | Armthorpe Home Championships | Doncaster | Armthorpe | 4 |
| 51.99 | 162 | | 11/09/22 | Doncaster Dartes September Sprints | John Charles Centre | Armthorpe | 3 |
| 52.67 | 156 | | 04/12/22 | Doncaster Dartes Swim-Along-A-Santa Meet 2022 | John Charles Centre | | 3 |
| 53.53 | 148 | | 05/06/22 | Doncaster Dartes B Grade Meet | Adwick | Armthorpe | 3 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|-----------|-----------------|-------|
| 38.00 | 416 | | 15/06/24 | Team Jorvik Viking Sprints 2024 | Leeds | | 3 |
| 40.83 | 335 | | 17/03/24 | Beverley Barracudas Spring Equinox Meet 2024 | Beverley | | 3 |
| 42.02 | 307 | | 17/12/23 | Barracudas Winter Solstice County Qualifier 2023 | Beverley | | 3 |
| 41.18 | 326 | H | 26/11/23 | Armthorpe SC Club Championships 2023 | Adwick | Armthorpe | 4 |
| 42.00 | 308 | H | 04/11/23 | NE Regional Age Group Championships (25m) 2023 | Sheffield | Donc Dartes | 2 |

| | | | | | | | |
|-------|-----|---|----------|---|---------------------|-------------|---|
| 42.61 | 295 | H | 15/10/23 | Yorkshire SA Winter Competitions 2023 | Leeds | Donc Dartes | 2 |
| 45.58 | 241 | | 16/09/23 | Barracudas Autumn Equinox County Qualifier 2023 | Beverley | | 3 |
| 44.33 | 262 | | 10/09/23 | Doncaster Darts September Sprints | John Charles Centre | | 3 |
| 45.13 | 248 | | 09/07/23 | Bridlington ASC Seaside Special 2023 | Bridlington | | 3 |
| 44.84 | 253 | | 17/06/23 | Team Jorvik Viking Sprints 2023 | Leeds | | 3 |
| 46.85 | 222 | H | 26/03/23 | DMASA John Harriman Championships 2023 | Adwick | Armthorpe | 4 |
| 47.62 | 211 | | 05/03/23 | Doncaster Darts March Sprints Meet 2023 | Adwick | | 3 |
| 50.71 | 175 | F | 15/01/23 | Alec James League Individual Championships 2023 | Scunthorpe | | 3 |
| 52.67 | 156 | | 04/12/22 | Doncaster Darts Swim-Along-A-Santa Meet 2022 | John Charles Centre | | 3 |
| 51.47 | 167 | H | 26/11/22 | Armthorpe Home Championships | Doncaster | Armthorpe | 4 |
| 50.62 | 176 | H | 16/10/22 | Adwick ASC DMasa Individual Championships 2022 | Adwick | Armthorpe | 4 |
| 51.99 | 162 | | 11/09/22 | Doncaster Darts September Sprints | John Charles Centre | Armthorpe | 3 |
| 53.53 | 148 | | 05/06/22 | Doncaster Darts B Grade Meet | Adwick | Armthorpe | 3 |