

Individual Best Times (All Time)

Tsvetina Sinapova - (1620722) - Thetford Dolphins SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:48.83	291	F	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich		3

Swims in Date Order

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