

Individual Best Times (All Time)

Matthew Stanford-Jason - (1620195) - Salisbury Stingrays SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|-------------|-----------------|-------|
| 3:24.72 | 153 | F | 30/03/24 | Yeovil & District Spring Fling Meet 2024 | Millfield | Salisbury | 3 |
| 3:27.75 | 146 | F | 14/01/24 | Wiltshire County Age Group & Championships 2024 | Salisbury | | 2 |
| 3:37.75 | 127 | F | 02/12/23 | Salisbury Stingrays Combined Club Championships 23 | Five Rivers | | 4 |
| 3:38.08 | 127 | F | 25/11/23 | Trowbridge ASC L3 Autumn Open Meet 2023 | Trownridge | | 3 |

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