

# Individual Best Times (All Time)

Lola Mitchinson - (1599594) - Thetford Dolphins SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.17	409	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	Thetford	3
2:47.19	360	H	03/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Thetford	3
2:51.94	331	H	12/10/23	Thetford Dolphins SC Club Championships 2023	Thetford	Thetford	4
2:53.53	322	H	25/06/23	Swim England Norfolk County Challenge 2023	Derehem	Thetford	3
2:59.32	291	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	Thetford	3
3:13.82	231	H	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	Thetford	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:40.17	409	H	16/03/24	West Norfolk Open Meet 2024	King's Lynn	Thetford	3
2:47.19	360	H	03/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	Thetford	3
2:51.94	331	H	12/10/23	Thetford Dolphins SC Club Championships 2023	Thetford	Thetford	4
2:53.53	322	H	25/06/23	Swim England Norfolk County Challenge 2023	Derehem	Thetford	3
2:59.32	291	H	18/03/23	West Norfolk SC Open Meet 2023	Kings Lynn	Thetford	3
3:13.82	231	H	04/12/22	Great Yarmouth SC Winter Wipeout 2022	Norwich	Thetford	3